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Felicity Huffman

How you can steal this bobbed beauty's style! By Karen Shelton • HairBoutique.com



Offscreen Felicity Huffman appears to be a lot less frazzled than her high-strung *Desperate Housewives* persona Lynette Scavo—a character portrayal that won Felicity an Emmy for Outstanding Lead Actress in a Comedy Series. Keeping up with her two young daughters, Sofia Grace, born in 2000, and Georgia Grace, born in 2002, may seem trying at times, but Felicity has her act together. She's also happily married to the highly respected actor, William H. Macy, and perhaps that's just one of the reasons she's more focused on doing a great job as an actress than worrying about feuds or other unnecessary dramas.

Recently, Felicity starred in *Transamerica*, playing Bree, a pre-operative, male-to-female transsexual who takes an unexpected journey when she learns that she fathered a son, now a teenage runaway hustling the streets of New York. Winning rave reviews for her superb acting skills as well as the award for Best Film Actress at the Tribeca Film Festival in 2005, perhaps an Academy Award nomination and win is next for this super talented actress.



Trained In The Arts

Felicity graduated in 1981 from the very prestigious Interlochen Arts Academy in Interlochen, Michigan. She followed up her arts training with a BFA in drama from New York University's Tisch School of Arts in 1988.

If you had never heard of Felicity before her appearance on *Wisteria Lane*, it's not because she hasn't been around the acting block. The blonde actress played straight-talking TV producer Dana Whitaker on Aaron Sorkin's *Sports Night* (1998-2000), where she was nominated for two Golden Globe awards in 2000. Felicity also co-starred on Showtime's

2003 mini series *Out of Order* and had a recurring role on NBC's comedy *Frasier* as Julia Wilcox. During 2004 she was featured in Garry Marshall's *Raising Helen* as Lindsey Davis and the CBS TV movie *Reversible Errors* opposite her husband, William, and Tom Selleck.

Bobbed For Beauty

With the huge success of *Housewives*, Felicity has joined her castmates in helping to promote the show and greet the fans on the red carpet. She is known for her long lean, buff figure and does not shy away from wearing form fitting gowns on the runway.

Even though Felicity shines brightly in the spotlight, she appears to be the least interested of the wives in morphing into a fashion or hair icon. She definitely seems more focused on her role as a wife, mother and professional actress. In fact, she often appears at film events on the arm of her equally talented actor husband.

43 And Fabulous

Not only is *Desperate Housewives* a fabulous show with a great cast of characters that has saved us from the void *Sex And The City* left, it has blown off the doors for actresses who have left 40 in the rearview mirror. Felicity, along with the other 40



Edwards/Dan Jacob



Gilkes/FilmMagic



Spellman/WireImage

plus actresses on Wisteria Lane, have demonstrated that you can still look hot and have a sizzling career regardless of your age.

Steal Felicity's Look

Right now Felicity is busy filming new projects, including the movie *Choose Your Own Adventure: The Abominable Snowman*, taking care of her family and making the required round of appearances on the various talk shows.

On the red carpet the award winning actress isn't afraid to let her hair down. Since *Housewives* appeared in 2004, Felicity has shown up in some stunning couture gowns with her long layered bob coiffed in a variety of styles including loose sassy curls, twisted up in a cascade of bouncy tendrils and worn silky straight. She morphs back and forth, courtesy of great hairdressers, between full blown bangs, center and side parts.

Unlike her character Lynette who seems to have endless bad hair days, Felicity is blessed with healthy, glossy tresses that currently cascade just below the top of her shoulders. Her face is mostly an oval shape with some square angles and a slightly prominent. To achieve Felicity's sleek and straight, slightly layered bob style or to copy her gorgeous curls, complete the following steps:

Step 1: For dry or super fragile strands, select a super moisturizing shampoo formula like Phytojoba or one designed for your specific hair type, texture and current condition. Experiment with diluting the shampoo for extra gentleness.

Step 2: Gently squeeze excess water out of the strands. Apply your favorite conditioner with your fingers. Leave on for five minutes and rinse with cool water.

Step 3: Towel-blot your strands to remove excess water. Apply your favorite detangling product or leave-in conditioning product based on your type, texture and current condition of your strands.

Step 4: If you want to go for Felicity's sleek straight style, be sure to either apply a defrisant product like Phytodefrisant or a straightening balm like Robert Hallowell's Flat Factor. Distribute a dime-sized dollop of the product of your choice into the palms of your hands and mix well. Use your fingers to work the product completely through your tresses.

Step 5: Separate your hair into two-inch sections and blow-dry with a large round brush, starting near the back of the head and working around to the front on either side. To create extra volume, hold brush in the hair near the scalp until the hair cools (about five seconds), then move the brush down and through to the ends of the hair.

Step 6: To create a super straight finish, separate strands into two-inch strands and then use a hot flat iron to touch up any sections that require a smoother texture. Work around the head from side to side to achieve an even look.

Saucy Curls: If you prefer to add saucy curls like Felicity opts for at times, separate strands into one to two-inch sections. Use a one and a half-inch curling iron or hot rollers to set hair. Let new curls cool completely and then remove. Tousle with your fingers.

Step 7: If desired, spray lightly with the hairspray of your choice. Finish with a shine serum or spray. Apply to the palms of your hands and lightly brush across the surface of your hair.

Soft & Curly Ponytail

If you prefer to go with Felicity's soft pony, complete the following instructions:

Step 1: Start with "day old" completely dry hair. Apply a small dime-sized blob of Paves Professional Flawless It's A Wrap hair cream to the palms of your hands. Use your fingers to evenly distribute the cream from the top of the ears down to the ends. Avoid applying any product near the scalp which can make hair greasy and prone to falling flat.

Step 2: Use a large boar or an all natural bristle brush to brush all strands off of the face. Felicity has loose tendrils on either side. If you wish to copy those, use a comb to pull them out of the rest of your hair.

Step 3: Using fingers, carefully smooth the sides and back of your tresses into a high ponytail that rests right below the back of your crown. Pull all the hair around the front and sides into a sleek pony.

Step 4: Tie off the newly created ponytail with a "hair friendly" elastic band in the same hue as your hair color.

Step 5: Once the ponytail is carefully tied off, lightly back-comb the entire tail to give it fullness and encourage curls to form.

Step 6: Use your fingers to carefully smooth the back-combed ponytail hair down. If you wish, use a one and a half-inch curling iron to "touch up" all the ends and add back some curls.

Step 7: Spray with hairspray and for added dazzle, apply a tiny drop of shine serum or spray for extra gloss.

Sienna Miller

Short Hair Style Star

By Karen Marie Shelton HairBoutique.com



Sienna Rose Miller is giving Jessica Simpson a run for the headlines. She burst into public view when she snagged one of the hottest male movie stars in the world, and has been the talk of the town ever since!

When Jude Law confessed his love for Sienna, her star shot through the heavens. Instantly Sienna became the object of intense paparazzi attention. The lovely Capricorn (December 28, 1981) born in New York City captured Jude's attention when they filmed the remake of *Alfie* together in 2004. Although born in the United States, Sienna was raised in England.

Everything about Sienna became photo worthy from her fashion style to her beautiful blonde tresses. The 24-year-old actress has a funky, edgy fashion style that she cranks up with a series of hats, caps and hair accessories.

Recently Sienna chopped her long golden strands off. Was it the result of her current on again/off again relationship with Jude, who admitted to cheating with his children's nanny? Perhaps it was because the changing winds of short hair styles are blowing gently in the background.... Or maybe a combination of a few things—the actress is playing the role of Andy Warhol's tragic muse, Edie Sedgwick, in the upcoming



movie *Factory Girl*, and wanted her hair to resemble the era.

Did Sienna have to chop her tresses into a short Edie do? Many actresses will opt for wigs or other hair enhancement systems to give them a new character look without undergoing the scissors. Not Sienna, who said before filming even began, "this was the '60s so when I do Edie I'll chop off my hair." And chop she did to really explore the true essence of her character while becoming one of today's sexiest short hair celebrities!

Finding The Right Short Cut For You

Although Sienna had a work related reason for chopping off her previously long locks, many people can take their time before going with a radically different shorter style. Choosing a great short hair cut that works for your face shape, natural coloring, lifestyle, age, pocket-book and maintenance starts with some research.

Just as it is true that not every person looks great in every hairstyle, it is also true that most short cuts can be custom modified to work with a wide variety of ages, face shapes and other variables. A good short hairstyle, like any other style, should be built around basic styling principles



that balance the hair's natural texture, type and natural form with ultimate movement and flow.

The reason that short styles can be custom designed to work with just about any face shape, coloring or other variables is because there are so many different short hairstyles to choose from. Even better, short hairstyles can be coupled with an array of parts, bangs, layers and other techniques to make every chop, crop or short bob truly unique.

Steal Sienna's Short Style

To steal Sienna's short and sassy bob complete the following steps:

Step 1: Shampoo and condition your hair with your normal products designed for your current hair type, texture and condition.

Step 2: Gently towel-blot your hair with a thick towel designed to help absorb moisture. Avoid rubbing hair vigorously to prevent frizz. Continue to gently blot hair until all excess moisture is removed.

Step 3: Mix a cocktail of leave-in conditioner and frizz buster in the palms of your hands. Apply to damp strands to help keep hair soft and frizz free. Distribute well.

Note: If your hair has natural waves or curls and you wish to have a straight sleek look, mix a cocktail of frizz fighter and straightening balm together.

Step 4: Use a wide toothed comb to detangle gently and make sure that the applied styling products are well distributed.

Step 5: Use a flat or paddle brush to lift and anchor two-inch sections of hair straight while directing the blow dryer air flow down from the roots to the ends. Use the brush to slightly turn the ends under as you blow-dry. The results will be a sleek style.

Note: For a more textured look substitute a round brush instead.

Step 6: Work in two-inch sections around the entire perimeter of your head until all of your strands are 100% dry.

Step 7: For more definition apply a tiny bit of hair wax to the palms of your hands. Soften the wax and then using fingers, lightly apply to random strands to add definition.

Note: For a softer look that still offers control, try working with hair paste instead of wax.

Step 8: Apply one or two drops of shine serum to the palms of your hands. Mix well and then lightly brush your hands over the top of your tresses.

Step 9: Spray lightly with a soft hold hairspray.

Step 10: Attach an elegant hair flower, jeweled barrette or other chic hair accessory to complete the look.



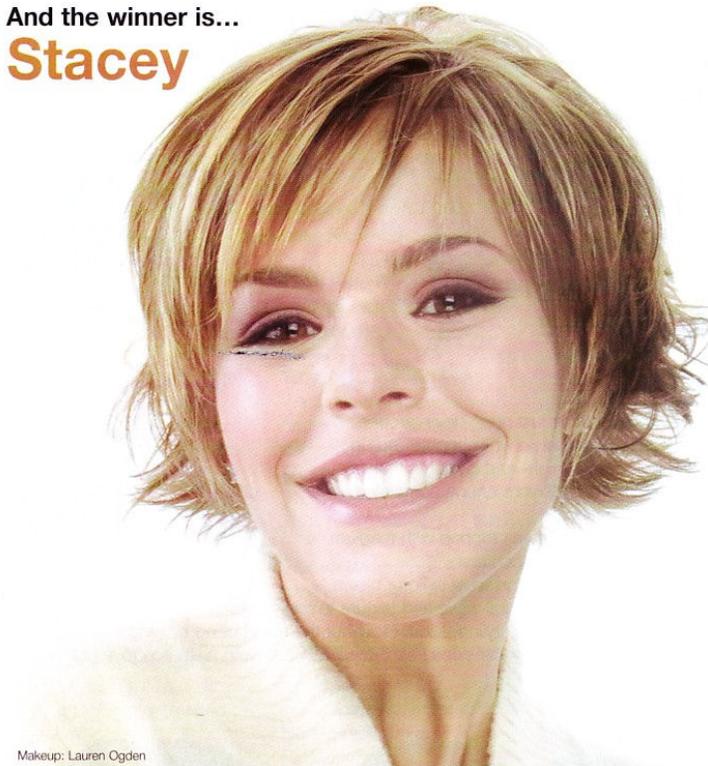
ShortCuts' Cover Model Search

It was a difficult decision, but after hours of deliberation we present to you this year's winner and finalists of *ShortCuts* Cover Model Search. If you love these makeovers and would like to experience your own personal transformation, call Face Station Salon for an appointment at 877-815-FACE (3223) or visit them on the web at www.facestation.com.

Makeovers by Face Station Salon in New York City; Technicals by Karen M. Shelton of HairBoutique.com; Photography by Rodolphe Baras

And the winner is...

Stacey



Makeup: Lauren Ogden



Before: Model Stacey has a gorgeous heart-shaped face with a softly rounded jaw line. Her natural chocolate-brown hair was weighed down by faded and overdone highlights that had all

but disappeared in her overgrown bushy bob.

Heart-shaped faces require balanced cuts and styles that carefully straddle the fine line between too short and too long. Styles that are cut just below the jaw line, or just a bit longer, work best with face framing layers and choppy ends that help to minimize or soften prominent heart-shaped chins.

The Makeover: Hair artist and stylist Andrea Krakern recommended minor rather than major adjustments

designed to kick up the texture, creating lots of body, volume and natural movement, without drastic chopping. Taking Stacey's overall length slightly shorter, Andrea sculpted layers skillfully into the sides and along the top of Stacey's head to minimize facial width. She created built-in height by utilizing the natural part line, lifting hair from the corner of the eyebrow, to the middle of the head.

Careful snipping and carving of selected facial perimeter strands resulted in a new face hugging sil-

houette that added sizzling appeal. Random strands were pulled slightly forward along the cheeks to minimize and flatter. Softly chiseled and angled forehead hugging bangs were added



to showcase Stacey's big brown eyes and cause them to literally pop. The newly created fringe added additional magnification to Stacey's luminous skin and drew natural attention to her full, sensuous lips.

Focusing on brightening up Stacey's past-their-prime highlights, Andrea lightened and softened her base one half of a level. Chunky highlights were skillfully painted on top of the new base hue, concentrating along the top and crown sections.

The Style: David Groshen Gel Mousse was added to Stacey's damp, towel-blotted roots before drying, to crank up the fullness factor. The newly created style was finger picked and blow-dried.

Working with a vent brush, the blow dryer air flow was directed towards individual sections of hair that were first pulled up

straight and then lifted at the roots to achieve maximum volume. The air flow was then directed towards the interior of the cut, slightly bending individual strands into beautifully tousled placement along the tops and the sides.

Starting at the middle of the back of the head and gliding down towards the bottom of the style, the vent brush was used in conjunction with the blow dryer heat to flick the ends up and create layer separation.

A tiny bit of gel was lightly applied to the bangs and then finger fluffed to give them that sexy, just tousled style.

Andrea melted a tiny dab of David Groshen Soy Paste into the palms of her hands. She spread her fingers through the paste and then applied it to random strands, creating piecey texture and diffused movement throughout the

perimeter and sides of the spectacular new cut. Andrea applied a tiny bit of the paste to the very tips of the ends and along the back to coax strands into

flippy formation and to show off the intricate network of newly crafted luscious layers.

The Result: A magnificent transformation from thick shapeless tresses to a sleekly shaped bob with lots of tousled layers and shimmering blonde highlights overlaid on a soft light chocolaty base with ribbons of interwoven vanilla strands. Stacey's sassy new style combines soft and flirty textures with flexibility. She can wear it sleek or jazz it up with pomade and wax to piece it up a little.



ShortCuts' Cover Model Search
Jalena



Makeup: Debra Harridass



Before: Model Jalena has a well defined square facial shape with a strong jaw line. Her natural light brown hair was heavily highlighted with bleached white blonde hues that were concentrated in her side-swept bangs and along the perimeter of her face. In essence, her

hair contained three different shades that did not provide a flattering network of color for Jalena's skin tone or beautiful blue eyes. The bold highlights had become brassy in spots and caused her skin, eyes and face to appear washed out.

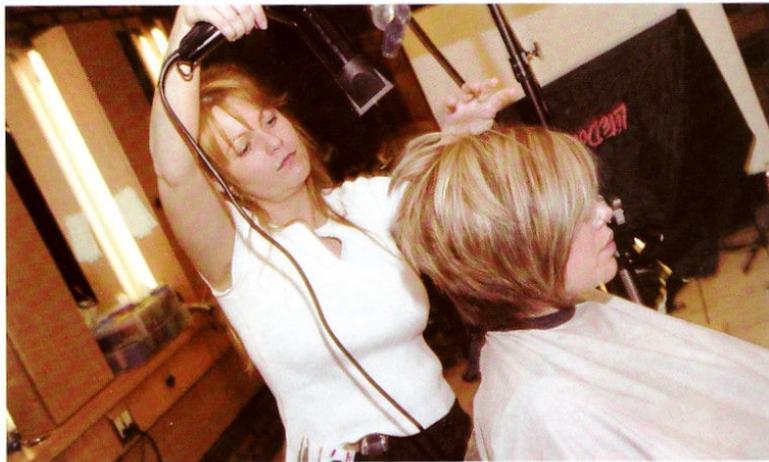
Square-shaped faces like Jalena's benefit from carefully positioned side parts and angled layers that help to add soft definition and minimize the natural boxiness of the square shape. Styles that are cut so that they nestle slightly into the face and extend in a gradual line below the jaw work well to minimize or soften strong jaw lines.

The Makeover: Hair artist and stylist Andrea Krakern accessed Jalena's current hair length, style and hair color. She recommended only slight adjustments to the current length, trimming only a small amount of hair from the back but keeping the overall length the same along the sides, where she skillfully scissored in soft layers to provide natural volume, flow and shape. The side layers were designed to nestle softly into Jalena's cheeks minimizing her natural facial width. Andrea created built-in height by angling the style utilizing an off center double part.

Jalena's original discon-

nected side-swept bangs were softly chiseled and angled along the side of the face which drew attention to her beautiful blue eyes. The angled side-swept fringe highlighted Jalena's beautiful skin tone.

The overly bleached



The Result: Flawless ribbons of rich sultry white-blonde merge in perfect harmony with mocha and chocolate strands that swirl from a full crown and top down into sleek curves and swirls that nestle symmetrically into newly slenderized cheekbones.

Jalena's new style is richly elegant with hints of supermodel sass and snap. The soft curves are full of flirty movement. She can wear it sleek and sexy or go more edgy by layering on gel and scrunching through the perimeter of the cut.

white strands along the bangs and the perimeter of the face were softened to a richer blonde hue. Chunky light chocolate-brown and mocha lowlights were skillfully painted in varying sized ribbons throughout the entire head with careful blending and consolidation of the highlights and lowlights along the front and side of the face.

The Style: Working with a vent brush, the blow dryer air flow was directed towards individual sections of towel-blotted hair that were lifted at the roots to achieve maximum volume along the top and back of the crown. The dryer's air flow was directed towards and into the interior layers coaxing individual strands into sleekly defined and

curved face hugging sides. Andrea finished Jalena's style with a soft spritz of

hairspray to hold the style and add instant shimmer.



ShortCuts' Cover Model Search Amanda



Makeup: Maria Anello



Before: Model Amanda has a prominent square-shaped face and rounded jawline. Her dark espresso hair was too draining for her skin tone and eyes. Even more challenging, the severe dark strands were peppered with lighter roots that gave the overall color an uneven tone. The length

and shape of her tresses were weighed down by overgrown layers that added too much width to her cheeks and chin.

Square-shaped faces require balanced cuts and styles that carefully straddle the fine line between too short and too long. Face framing layers and texturized ends help to minimize or soften strong jawlines and prominent chins. It's important to make sure that square-shaped faces don't have too much width.

The Makeover: Hair artist and stylist Olga Izrayev accessed Amanda's current hair length, style and hair

color. She recommended shortening and deconstructing the style as well as adding a medium golden-brown to the base to create a bridge between Amanda's overly light roots and dark middle and ends. Olga painted an array of chunky highlights to break up the dense espresso color.

The key to Amanda's transformation was the creation of shattered bangs and texturized layers, skillfully cut to interact with an uneven part that extended halfway from the hairline back to the crown before abruptly changing direction. The uneven part served to create built-in height along

the top of Amanda's crown, the back of her head and along the sides to help minimize the natural width of her face.

Random longer side strands were pulled slightly forward along the cheeks to minimize and flatter. The newly created deconstructed bangs served to open



the palms of her hands. She spread her fingers through the wax and then applied it to random strands, creating piecey texture and diffused movement throughout the perimeter and sides of the spectacular new cut. Olga applied a tiny bit of the wax to the very tips of the ends and along the back to show

off the intricate network of the deconstructed layers.

The Result: The addition of the golden-brown base and the array of chunky light highlights was almost as significant as the deconstructed fringe and layers. Amanda evolved from a shapeless, outdated shag to a short and sassy bob.

up Amanda's entire face, highlight her eyes and draw attention to her beautiful skin and eyes.

The Style: Working with a vent brush, the blow dryer air flow was directed towards individual sections of hair that were first pulled up straight and then lifted at the roots to achieve maximum volume. The air flow was then directed towards the interior of the cut, ruffling individual strands into beautifully tousled placement along the tops and the sides.

Olga melted a tiny dab of David Groshen Wax into



TressRx

By Karen M. Shelton
HairBoutique.com

Ask the Hair Doctor

Shampoo Nose?

I am in my mid-50s and have been using Rene Furterer and Phyto hair care products for many years. Although I really enjoy the results of the products, I especially enjoy the aroma of the various shampoos and conditioners. I used to just love the wonderful aromas of Rene Furterer Karite and Phyto Phytosésame, both deep conditioners. Lately the aromas seem to be subdued and I can't get the intense whiff that I used to get. I know that you adore both lines and use them all the time. Have the formulas been changed? Or is my nose out of whack?—Geena

I know what you mean about the fabulous Rene Furterer and Phyto aromas. I have to control myself from not licking my fingers when I use the Rene Furterer Karite (\$36, available at HairBoutique.com). I use it weekly and it smells really yummy. And I love the aroma of Phytocitrus and Phytosésame (\$26, available at HairBoutique.com), which I also still use on a very regular basis.

Neither company has changed any of their formulas recently. However, there may be another cause of the decreased aroma that you are experiencing. Scientists have proven conclusively that the sense of smell commonly fades with age. The Monell Sense Center in Philadelphia concluded from their research that olfactory aging can begin as early as the forties and decrease with each passing year. Yes, along with your eyes, memory and ears,

your nose will also experience natural loss through aging.

Research indicates that the sense of smell is most intense between ages 20 to 40. This is why the older humans become, the less aromas may be sensed.

Aroma-chology® is the study of the intra-relationship of psychology and the latest in fragrance technology to transmit through odor a variety of feelings. (To read

more on aroma-chology visit the Sense of Smell website and check out the article about this fascinating study.)

The good news? There are ways to retrain your nose and to recapture those spectacular aromas that you enjoy from your hair care products. The Sense of Smell website recommends that the first step to recapturing a sharper sense is to be aware of the situation. They also provide helpful hints at fine tuning your nose.

These hints include:

1. Most aromas are detected at an unconscious level. Scientists recommend that if you wish to experience a specific aroma that you focus specifically on that targeted scent's recognition. Just as musicians can train their ears to hear sub-

tle sounds, you can train your nose to recognize fading or hidden fragrance notes and aromas.

2. Yes, it's true that your nose can tire from over sniffing, just as your eyes can get strained and your throat may dry out from too much talking. Use your nose for sniffing in moderation. Pause and then sniff again. Yes, like everything, moderation is key for your nose.

3. Like clearing your palate, you can also clear your nose for better scent recognition. To refresh your nose for better smell recognition, blow a small amount of air in and out of your nose rapidly, stop and then take a deep sniff.

4. Limit your aroma overload. If you are used to taking a bath or shower with scented candles, soaps or other heavy fragrances while also washing your hair, accept the fact that your nose may go into odor overload. This can occur at any age.

5. Focus on similar scents. Some scents are known to be much more overpowering than others.

6. Start with a fresh scent palate. If you want to enjoy the aroma of your hair care products, be sure to use them in a highly ventilated area, if possible. Open a window and let some fresh air in advance of your scheduled shower or bath. And remember that heavy scented bathroom cleaners might interfere with delicate aromas of cocoa butter.

