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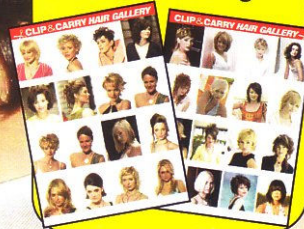


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GETTING GLAM

with Kim Kimble

BEYONCÉ'S AND MARY J.'S MANE LADY



MARY J. BLIGE

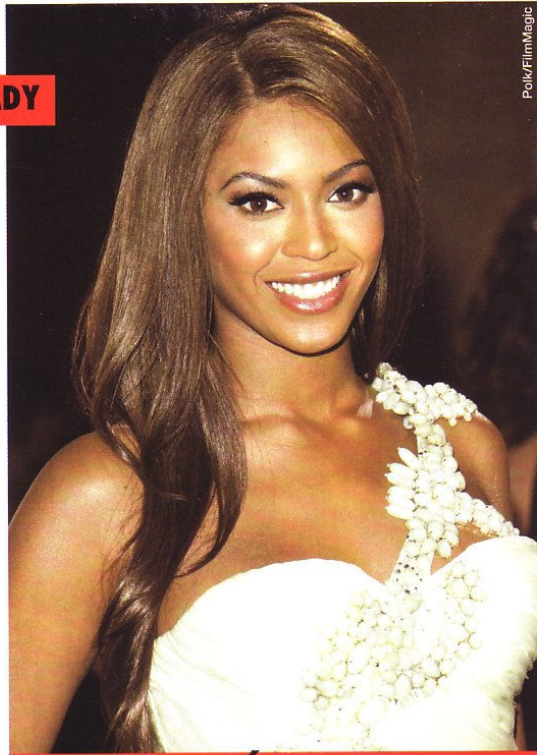
Why Kim chose this look: "I wanted to glam Mary up and since she was wearing a sexy 70's style jumpsuit, we went for a Pam Grier-inspired look. It was a great style with big body and movement."
How-to: "I sprayed each section with Kimble Retrospective Hairspray, then used a hot roller to wrap a really tight curl. I pulled out the curlers, pinned the curls with double pronged clips and let them set. Once I removed the curls, I just finger-combed them out and set the style, spraying it again with Kimble Retrospective Hairspray to give it shine and hold. This style looks great on anyone with 12 inches or longer hair with layers!"

By Karen Marie Shelton
 HairBoutique.com

Celebrity Hairdresser Kim Kimble's tremendous passion for her life in the world of hair literally oozed through the speaker of my crackling, popping and hissing cell phone. Proclaiming "she just made it" to the call in time due to a prior hair "blow-

out" session in New York, Kim was immediately approachable, warm and welcoming. Even through the distracting background noises and other challenges of a cell to cell phone interview, Kim was enthusiastic and energized.

Launching immediately into a discussion about her work with the celebrated Beyoncé, I expressed amazement at Kim's reported creation of over 50 different wigs for Beyoncé's role as Deena in the movie *Dreamgirls*.



BEYONCÉ KNOWLES

Why Kim chose this look: "Since the Oscars are such an elegant evening, I wanted to give Beyoncé something soft and very sleek, but still young and fresh. Since her performances were pretty ballads, I kept the flow with a very tame, pretty and simple hairstyle."
How-to: "First I flat-ironed her hair to keep it flat and sleek. Then I spritzed each section with Kimble Shape & Hold Spritz before curling her ends with a large two and a half-inch barrel curling iron, giving hair very loose movement. I used just a bit of Kimble Shine Serum to polish the look and control the flyaways, making it look really silky."

Wondering how she had the time to create that dizzying array of different hair looks, Kim assured me she "started the process of researching and designing the wigs in advance."

Remarkably, this vivacious superstar, in her own right, seemed to downplay the huge amount of time and commitment that she dedicated to creating Beyoncé's hair transformation throughout the course of the film. Maybe because Kim Kimble adores all aspects

of the hair business.

Through the magic of Kim's wig creations, Beyoncé's Deena morphed from sweetly innocent bangs and ponytails to the ultra glam girl bouffants and big 'dos. Kim explained she "did a lot of research into 60s and 70s hair utilizing aged *Vogue* magazines and inspiration from a range of symbols from Olympic rings to Egyptian styles." Kim thrived on the challenge of creating the different looks for the film and was very proud of the results.

A third generation hairdresser, this hair lifer started doing "unofficial duty at the shampoo bowl" in her mother's hair salon in Chicago around the age of six. Kim has great devotion to the "strong women from my family" who have linked together three generations of hairdressers. Although her mother still does hair in Los Angeles, her beloved grandmother has retired after many dedicated years behind the chair. It's obvious when she speaks of her grandmother that Kim has tremendous love and affection for this great lady who influenced her life in so many ways.

Growing up in the hair biz, Kim had a clear understanding of her desire to be a hairdresser. She took the opportunity to study cosmetology while in high school. By the time she had her high school diploma, the former shampoo girl was ready to go out into the world and begin her own hair career. Making a quick detour into college, Kim found herself "spending all of my time doing everyone's hair in my dorm room during my first semester." She reported "it was easy to realize my true calling was hair



A FABULOUS HAIR CARE LINE

In addition to her work with her celebrity clients and running her LA salon, Kim has also lovingly spent the last several years creating a new hair care line, Kimble Hair Care Systems (KimbleHairCare.com or 1-877-4-KIMBLE), that was inspired by her grandmother and mother. Kim explained "my grandmother often mixed up her own product formulas for her clients back in the salon in Chicago."

As a young child Kim watched and learned. Incorporating some of those family formula secrets, she developed her own line based on those traditions. Kim's goal is to offer "hair care products that are gentle and will not cause any allergic reactions." She explained "many people are allergic to the sulfates in shampoo products." Therefore, Kim created a line that has minimal sulfates or other ingredients which may cause allergic reactions. She also wanted to create a line that "smelled yummy" and incorporated avocado and peppermint oils along with ginger.

and not a four year college degree." While she noted "someday I may go back to college, at this point in time I have lots of other hair related goals to achieve."

Although she spent all of her growing up years watching and learning the art and science of hair from her grandmother, mother and their various hair employees, Kim chose to pursue advanced hair training. The celebrity hairdresser supplemented her natural hair artistry talents and high school hair training by attending the prestigious Dudley Cosmetology University in North Carolina and the famed Vidal Sassoon Academy.

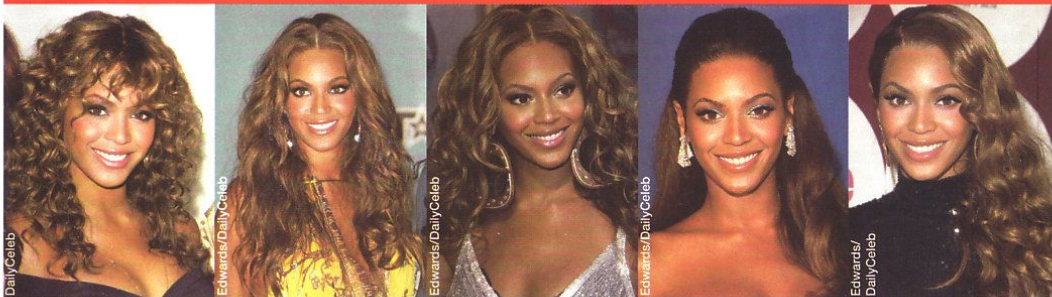
The Big Screen

In 1996 Kim received her first opportu-

nity to work in film. She signed on as "a hair consultant" who specialized in "wig designs" for the movie *B.A.P.S* starring Halle Berry. Although Kim didn't personally work with Halle, she did "design and create all of the wigs for the film." The budding celebrity hairdresser confessed she "had a wonderful time creating all sorts of crazy hair pieces" for the film which also starred Martin Landau.

The LA based celebrity hairdresser loved working on *B.A.P.S* so much that she followed up that film with TV's *Cinderella*. Kim then worked on *I Still Know What You Did Last Summer* in 1998 as a hairstylist. In 1999 she worked with Brandy on *Double Platinum*. From there she worked as a key and head hairstylist on a variety of films including *Austin Powers in Goldmember* with Beyoncé. As

BEYONCÉ'S TRESS SUCCESSES



her exceptional hair work in films became well-known, she worked freelance to develop new celebrity clients and other hair opportunities.

Great Beginnings With Beyoncé

When I asked Kim how she first met Beyoncé, she explained being “hand-picked by Beyoncé’s former hairdresser and mother six years ago, to take over the reigns of Beyoncé’s hair care.” As Beyoncé’s career blossomed and became crazy busy, her mother no longer had the necessary time to work with her daughter’s hair. She personally chose Kim for the task. Kim was “thrilled and honored at the opportunity” and has been working with Beyoncé ever since.

Kim travels constantly with Beyoncé and is always at her side taking responsibility for the superstar’s ever-evolving gorgeous array of hairstyles that she showcases on red carpets, for movie roles and commercials, video and photo shoots and on tour.

The celebrity hairdresser’s primary concern is making sure the star’s hair is always spectacularly styled. Kim reported she “just finished creating an array of hairstyles for Beyoncé’s American Express commercial.”

Vanessa Williams, Mary J. and Kerry Washington

Besides creating heavenly hairstyles for the celebrated Beyoncé, the self confessed workaholic has also managed to squeeze in some fabulous hair creations for some of her other famous clients including *Ugly Betty*’s Vanessa Williams, Mary J. Blige, Kerry Washington, Garcelle Beauvais and Gabrielle Union.

Kim noted she “started working with Mary J. Blige two years ago when Mary started working on her *Breakthrough* album.” And although she doesn’t do Vanessa Williams’ hair for the *Ugly Betty* series, which she loves to watch, she has

done her hair for lots of other celebrity and red carpet events.

Unlike some celebrity hairdressers who don’t relish long stints on movie lots, Kim confessed she “loves to work on films” and has done hair on many different films with her famous clients. She also said she loves “doing a lot of different hair projects allowing me to change up what I am doing every couple of months.” Kim loves “the variety of switching from films to red carpet to working on tour.”

Epiphany Hair Studio In Los Angeles

When she is not traveling the world with Beyoncé or jetting off to New York to work with Mary J., Kim can be found at her Epiphany Hair Studio in Los Angeles located in West Hollywood (1106 N. La Cienega, 310-652-1822). Kim has dreams of eventually opening “a hair academy” to teach students the art of hair.

What’s Next

Kim hopes to open a salon in New York in the future. She also wishes to expand her hair care line to include hair brushes and hot tools. And Kim will continue designing wigs and weaves and working with hair extensions. Although she doesn’t currently have a condo in New York, she is seriously considering that option



Vanessa Williams

since she spends so much time jetting between LA and New York for her many celebrity clients.

What’s next for this mega talented hairdressing superstar? Her goal is to take on the world of fashion runways, since she is “constantly inspired to create new hair designs based on the latest fashion collections.” There is no doubt that Kim will not only find her way to the runways, she will conquer them with her incredible talent, vibrant energy and unstoppable drive.

MARY’S GORGEOUS STRANDS



TRESSRX

Ask the Hair Doctor

By Karen Shelton • HairBoutique.com

Help! I have a closet overflowing with products and old hair magazines, and my husband is starting to say there's just too much. I tend to collect magazines and then shelve them or I go back and forth between favorite products while buying new products I see in the store (and who knows how old some of them can be!). Any ideas on how I can go about doing this? Am I crazy???

—Danielle, Freehold, NJ

I have lots of excuses about why I am a major hair pack rat but most people just roll their eyes when I start to list them. My primary excuse is of course genetics. I come from a long line of pack rats and it is just in my blood. Listed below are my tips for dealing with mountains of hair related artifacts found in the back of a garage, top of the attic, hidden in the basement or stuffed in a closet:

1 Immediately toss any hair care products (shampoo, conditioner, styling products) regardless of how long you have had them if the following conditions exist:

- Product has an odd smell.
- The product has changed color or looks cloudy.
- The texture of the product has changed. In some cases hair gels will change from solid to liquid or vice versa.

When in doubt how long the shelf life is for any hair care product, contact the manufacturer. In some cases shampoo and related hair care products are okay to use up to two or three years. A lot also depends on how the products were stored. Hair care products that are stored in cool, dark places will historically last

longer than those allowed to sit in sunlight or hot locations.

2 Recycle any discarded hair care products that are in glass, metal or recyclable containers. When in doubt about what you can recycle, contact your local recycling district.

3 If you determine that your newfound stashed products are still okay to use but you no longer have a need for them, you have the following options to alleviate your pack ratis:

- List them on an auction site; be sure to provide detailed information on the age and condition of the products and whether they have ever been opened.
- List them on a hair website that has a swap list.
- Throw a swap meet party and offer to trade with friends for other products you might like to try.
- Use them for non-hair related options.

4 Sell old hair magazines and books on Amazon.com. If that is too much trouble for you to handle, pack them up and take them to a used bookstore and see if you can trade up. Most used bookstores will only offer you pennies on the dollar for used hair books, unless they are rare. However, many will happily offer you a lot more in trades as long as you haul off some of their books.

5 Make a "clippings" book. This is a time consuming task but if you are not able to part with any old hair magazines because they have special articles, get out the scissors, tape and a scrapbook or photo album. Cut out the "can't live without" articles and then slap them in your new book.

6 Consider donating any items that are still functional or with a remaining shelf life to a local shelter, thrift shop or other charitable organization. Some charities like to collect items such as hair-



Bob Steele Hairdressers (Atlanta, GA)
Stylist: Danny DuBose

styling books or products. If you have hot rollers that you no longer use but they're still safe and functional, consider donating them.

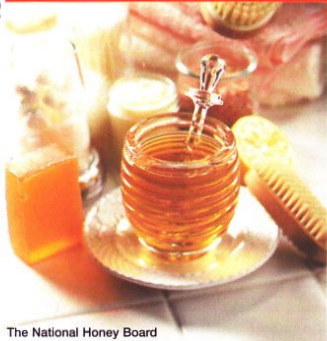
7 Have a garage sale—they're a great way to clear out lots of things besides hair care products too! If you find that having your own garage sale is too much work, partner with some neighbors and throw a block sale.

8 It's time to throw it away. This option always breaks my heart. I am usually convinced that the minute I throw away that old magazine, the featured hairstyles will instantly become popular. Never mind that the styles are probably 20-years-old. And once I decided to "rescue" some shampoo that was rapidly aging but had a fabulous aroma, so I used it to wash my stockings. Big mistake! It turned out that the shampoo when used on other parts of my body resulted in an itchy red rash.

A hair pack rat is a unique creature, like yours truly, who hoards anything remotely related to hair. This hoarding can become troublesome when the stack of hair magazines is higher than you are or fills more closets than your actual clothes. Although there is no known cure for hair pack ratis, try some of our self-help tips. The most important thing to remember with hair pack ratis is that the unaffected will never understand, so don't even try to explain.

HONEY FOR HAIR, SKIN & BODY BEAUTY

By Carrie Thayer • HairBoutique.com



The National Honey Board

Cleopatra is said to have ruled Egypt with an iron fist. Apparently, it was also a smooth fist, since she was known to use honey for its skin-enhancing properties. In fact, Cleopatra's legendary milk and honey baths are just one of many historical examples of people using honey to pamper their complexions. While Cleopatra didn't know why honey softened her skin, new research suggests the queen of the Nile was definitely onto something.

Manufacturers have used honey in everything from hand lotions and moisturizers to bar soaps and bubble baths. One reason they use honey is for its wholesome, all-natural image; more and more consumers are demanding cosmetics and personal care products made from natural ingredients. In the case of honey, however, image is just the beginning.

First, honey is a humectant, which means it attracts and retains moisture. This makes honey a natural fit in a variety of moisturizing products including cleaners, creams, shampoos and conditioners. Honey also acts as an anti-irritant, making it suitable for sensitive skin and baby care products.

Honey's prospects in skincare are looking even sweeter; research is currently underway to develop a process using honey to create alpha hydroxy acids (AHAs). AHAs are an important ingredient in many skin creams and moisturizers because they help exfoliate the skin. Increased exfoliation, or renewal of the skin cells, can give skin a younger, more vibrant look.

Look for honey in store-bought beauty products or try whipping up some simple beauty recipes yourself. For more information about honey be sure and visit The National Honey Board (NHB.org).

Honey Hair Conditioner

Ingredients

- 3 to 6 tablespoons of honey (depending on hair length and condition)
- 1 to 2 tablespoon of jojoba oil (olive oil can be substituted for jojoba but it may darken light hair colors)
- Optional: A few drops of your favorite essential oil

Dry or Coarse Hair: Geranium, Sandalwood, Palmarosa, Lavender
Chemically Damaged Hair: Geranium, Lavender, Sandalwood, Frankincense
Blonde Hair: Geranium, Lemon, Chamomile
Gray Hair: Geranium, Sage, Lavender, Rose
Hair Loss: Juniper, Rosemary, Lavender
Dandruff/Eczema: Eucalyptus, Rosemary, Cedarwood, Tea Tree

Mix the honey and oils. Massage the honey into wet hair and use your fingers to comb through your strands. Finish with a cool/cold rinse.

Honey Hair Shine

Ingredients

- 1 teaspoon of honey (use more depending on hair length and condition)
- 4 cups of warm water
- Optional: Lemon drops for blondes
- Optional: A few drops of your favorite essential oil

Dry or Coarse Hair: Geranium, Sandalwood, Palmarosa, Lavender
Chemically Damaged Hair: Geranium, Lavender, Sandalwood, Frankincense
Blonde Hair: Geranium, Lemon, Chamomile

Gray Hair: Geranium, Sage, Lavender, Rose
Hair Loss: Juniper, Rosemary, Lavender
Dandruff/Eczema: Eucalyptus, Rosemary, Cedarwood, Tea Tree

Stir honey into warm water. Blondes may wish to add a squeeze of lemon. After shampooing pour mixture through hair. Do not rinse out. Dry as normal.

Honey Body Glow

Ingredients

- 1/2 to 1 cup of liquid honey
 - 1/4 to 1/2 cup of sesame seeds
 - Pinch of dried herbs such as lavender or mint
 - Optional: A few drops of your favorite essential oil
- Jasmine softens dry skin and reduces stretch marks*
Ylang-Ylang helps relieve stress and soothe nerves
Sandlewood will help with dry skin, infection and will calm the nervous system

Mix the honey, sesame seeds, herbs and essential oils together. Use your clean hands to put the thick honey all over your body. Work the honey in slowly into the body so that it can be properly exfoliated. Once the honey mixture has been completely massaged into your body step into a warm shower and remove the concoction. Finish with a cool/cold rinse which is excellent for over-all circulation. *Note: Since honey can be very sticky and slippery you may wish to apply this mixture while standing in the shower without the water running or in the bathtub before filling with water.*

Honey Skin Treat

Ingredients

- 1/2 to 1 cup of liquid honey
- Juice from 1/2 fresh lime
- Optional: A few drops of your favorite essential oil

Mix the honey, fresh lime juice and essential oils together. Use your clean hands to massage the honey into your face and body. Once the honey mixture has been completely massaged into your body step into a warm shower and remove the concoction. Finish with a cool/cold rinse which is excellent for over-all circulation.



Treat your skin to Burt's Bees Milk & Honey Body Lotion, \$9; BurtsBees.com.

Honey Facial Scrub

Ingredients

- 1/2 to 1 cup of liquid honey
- 5 to 10 drops of fresh lime juice
- 1 medium cucumber that is very thinly sliced
- Optional: A few drops of your favorite essential oil

Clean the face with warm water. Mix the honey, fresh lime juice and essential oils together. Use your clean hands to massage the honey into your face. Work the honey in slowly so that it can properly exfoliate the skin. Use your fingers or a clean wash cloth to remove honey. Pat skin dry with a soft towel. Place the slices of cucumber over the face and neck. Apply over the mouth and eyes if desired. Allow the cucumber to stay on the face for at least 15 minutes. This tightens the skin and adds moisture. Remove cucumber slices, lightly splash face with water to remove any cucumber residue. Pat dry and apply your favorite moisturizer.

Peppermint Honey Foot Treat

Ingredients

- 4 tablespoons aloe vera gel
- 4 tablespoons grated beeswax
- 2 teaspoons honey
- 2 teaspoons fresh mint, optional
- 6 drops peppermint essential oil
- 2 drops of arnica oil
- 2 drops of camphor oil
- 2 drops of eucalyptus oil

Rinse mint leaves and place on a paper towel to dry. Grind mint using coffee grinder (or by hand using mortar and pestle). Set aside. Melt beeswax using a small double boiler. In a microwave safe glass bowl combine aloe vera and honey. Mix well. Stir in beeswax. Let cool. Add mint and oils stirring until completely mixed. Apply after bath or shower, making sure to completely smooth over your feet and toes. Store remaining foot treat in a sealed container away from sun or heat.