

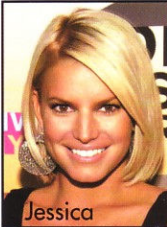


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# SHORT CUTS Celebrity style

# 26

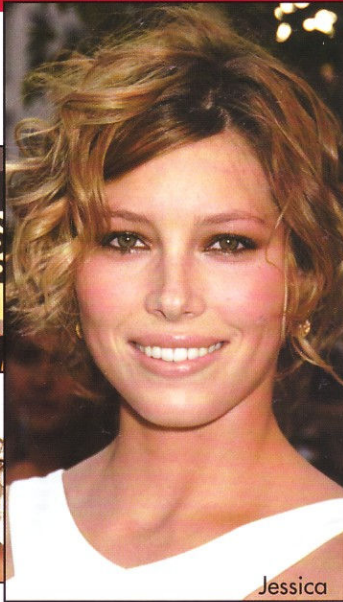
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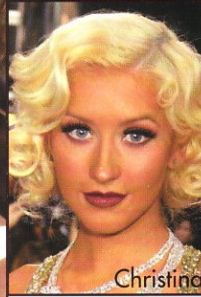
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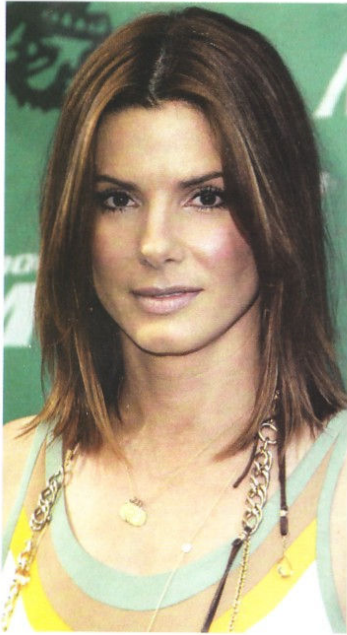


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# Sandra Bullock's Bob Hairstyle

By Karen Shelton • HairBoutique.com



**S**andra "Sandy" Annette Bullock was born on July 26, 1964 in a Virginia suburb of Washington D.C. to a German opera singer. Although she has been acting since 1987 (*Hangman*), she didn't break out as an actress until her role driving the out-of-control bus in *Speed* with co-star Keanu Reeves in 1994.

Over the past two years Sandy has made a lot of changes in her life. Her most recent (and our favorite) is the adoption of a spectacular new top-of-the-shoulders bob hairstyle. The naturalized Texan unveiled her super-sexy classic bob

with a peek-a-boo side-swept "Veronica Lake" fringe.

## Bob Basics

When I look at Sandra's sizzling new bob I am amazed by the fact that the actress has naturally curly hair. Over the years it has been reported that the actress has undergone a variety of relaxing and chemical straightening treatments for her natural ringlets.

Sandra's classic bob was expertly angled so that it dips slightly forward into seductive curvy points under her chin. This builds in beautiful movement and body. It is very important to note that Sandra's stellar hairstyle starts with a precision cut that is designed to build in maximum fullness around the crown with a hint of very slight razoring around the ends to add just a touch of extra texture. Depending on some hair texture and types, razoring may or may not be the best option. With Sandra's style the hint of razor feathering along the perimeter creates just the right edginess.

Her new bob cut also allows Sandra to either part her hair down the middle and wear a shimmering veil of chocolate-brown strands framing either side of her face—or—to wear a side part with a side-swept eye covering fringe. When she wears the style with the peek-a-boo fringe she also has the option to tuck the opposite side behind one ear and pull the ends forward to frame her neck.

## STEAL SANDRA'S STYLE

Sandra's hairstyle can be customized to work with just about any face shape, hair type or texture. For naturally curly or wavy hair the strands must be either pre-straightened or blow-dried straight. Follow the steps below to recreate Sandra's style:

**1** Start by washing your hair in lukewarm water with a product designed to add back moisture and to treat colored or highlighted hair with tender loving care.

**2** Rinse hair well and then apply a moisturizing rinse-out conditioner, focusing the products on the areas of the hair that are most dry or damaged. If your hair is fine or thin you may wish to skip this option. For extra conditioning substitute the rinse-out conditioner with a deep conditioner that is allowed to soak down into the hair's shaft.

**3** Finish with a cool/cold rinse to lock in moisture and add additional shine.

**4** Towel-blot to remove excess moisture. Apply a conditioning detangling spray or leave-in conditioner and detangle strands with a wide tooth comb working from the ends to the roots. Create either a center or side part, depending on how you wish to style your hair.

**Note:** If your hair is prone to frizzing apply a defrisant product or cocktail it with your other styling products. It has been reported in the past that Sandra Bullock was a big fan of Phytodefrisant for her naturally curly hair that tended to frizz.

**5** For lots of fullness, lift and volume, apply a volume enhancing product to the roots. Distribute a straightening balm to the rest of the strands from below the roots to the ends.

**6** Separate strands into one- to two-inch sections and blow-dry with a boar's bristle round brush. Blow-dry the top sections of hair using fingers to lift individual top strands and direct the air flow from ends to roots. Use the brush to turn the ends under around the edges and slightly in towards the neck.

**Note:** If hair is naturally curly, do not use fingers to blow-dry since this can add to frizz. Use a boar's bristle brush instead.

**7** When hair is completely dry you may opt to touch up the strands with a straightening iron to achieve sleeker panels of hair. You may also prefer to use a curling iron (or hot rollers) to turn the ends under or add more volume and lift to the crown area.

**8** Apply a shine serum, shine spray or hair cream to seal in moisture and add that shimmering shine similar to Sandra's. Hairspray is optional.

# TRESSRX

## ASK THE HAIR DOCTOR

By Karen Shelton [HairBoutique.com](http://HairBoutique.com)



**Q** Just this past Saturday evening I made an awful, awful mistake. I went to the salon and got a chemical perm treatment. My hair is very thick and it is currently about an inch past my shoulders. I wanted something a little different and easy to style—I figured waves would be easy because I could wet, scrunch with a little product and go. I showed them pictures of what I wanted and I specifically said I did not want a spiral perm (I have had them in the past). My naturally straight hair is typically hard to style because it's so thick and heavy that it takes too long.

Anyway, the stylist wanted to layer my hair because I have barely there long layers and she did not think my hair would hold a perm. I told her I have had perms in the past and my hair actually holds curl very, very well—so much to the point that I was able to blow-dry it straight and then it would go back to being just as curly when I washed it. She did not cut it but she insisted on using a “slightly” smaller rod. She used pink and white rods and told me the pink were larger and would give me the wave I wanted as opposed to a tight curl. I did not really know about the colors of the rods so I let her roll away.

Well, when the perm was finished I looked like a chia-pet poodle!!!!!! I was thinking, well maybe it fall a little overnight. So I paid and went on my way, and when I got home my fiancé hated it! I kept trying to play with it to see if I could wear it in a way that did not make me look like a poodle but no luck. So I figured, since they say NOT to wash hair right away, I would wash AND deep condition it that very night.

I washed it twice, deep conditioned it then blow-dried it straight. When I woke up the next morning, I did a 45-minute

hot oil treatment on my hair, washed again and when I got out of the shower, my hair was just as curly as when she took the rods out! See I told you my hair holds curls well! Plus my ends are totally fried and damaged. It looks like they were burnt up with a lighter.

So I called another salon—a higher end salon where I should have gone in the first place! They fit me in for an emergency appointment. They said that because my hair was completely damaged, I had to get all the permed hair completely cut off. They also said that I would need to undergo some deep conditioning treatments until my hair was restored from the perm disaster.

Do you think that they are being honest? I'm so scared of keeping totally fried hair but at the same rate, I don't think I can wait for this awful perm to grow out either. What do I do? Please give me any and all advice you may have. Should I get all the hair cut off or try to still recover from the perm by conditioning treatments?—Amanda

**A** I am so sorry to hear of your recent perm disaster. Based on what you have told me, it does sound like, at the very least, your ends are very damaged. When the ends become as compromised as you describe, it does limit your ongoing styling options.

While it might be possible to undergo a series of special conditioning treatments, it is unlikely that—other than spending a lot of time and money—you will achieve any significant recovery to the ends. Once hair is damaged to the extent that you describe, it is unlikely the damage can be reversed. In that case, it is always best to have the damage trimmed off.

Is the second hairdresser telling

you the truth about having your ends removed and to undergo deep conditioning treatments? It would seem likely that the hairdresser is providing you with your best options.

At this point in time you may wish to step back, take a deep breath and wait a few days to weigh your options before moving forward and getting the permed hair partially or completely removed. While it is probably best in the long run to remove all of the damage, you may want to just take a little time to think about what feels right for you.

Whether you want to have all the damage removed at once or in a series of trims is one option to consider. If only the ends are damaged, it would be relatively easy to trim just a few inches. However, if your hair has been damaged completely from the roots to the ends by the perm, you may want to access how to remove the majority of the damage without removing the bulk of your hair.

Discuss the various options with a hairdresser you feel comfortable with to help you engage your hair recovery operation. Discuss the pros and cons of cutting a portion of your hair or all of your hair. You may also wish to ask for a candid discussion of how deep conditioning treatments might help you bridge the long term recovery gaps.

Finally, you might also wish to discuss hair extensions as a possible option to utilize while your natural hair is growing back. Keep in mind that you need at least a few inches of your own hair in order to attach extensions. Last but not least, wigs and hair accessories are always a great option for covering up hair that has suffered from any type of challenges.

# 26 INSTANT NEW LOOKS FOR SHORT STRANDS

By Carrie Thayer • HairBoutique.com



**1** Go short with a hot new cut. One way to instantly change up your short hairstyle—or any style for that matter—is to alter the length. If you have a short chin-length bob, go shorter.

**2** Fake a shorter look. Experiment with pulling your sides and crown back into a faux twist. Use bobby pins the same color as your natural hair to blend perfectly.

**3** Go instantly longer. An add-on ponytail, half wig or wig creates instant length in just a few minutes. According to her celebrity hairdresser, Ken Paves, “Jessica Simpson loves chin-length or shorter hairstyles, especially in the summer months when longer hair is hot on her neck.” Having naturally chin-length or shorter hair doesn’t slow Jess down. When she has a big red carpet event, she just pops on a half-wig or full add-on pony and creates a myriad of new ponies, twists or combinations.

**4** Alter your part. Change your part from left to right or from center to one side. Try a deeper part or play with an uneven or zig-zag part.

**5** Why not change your fringe? Add one or subtract one, or wear it to the side.

**6** Opt for texture changes. Add waves, curls or a combo for an instant change to your look. Or go stick straight and sleek.

**7** Add lots of volume. Add fullness around the crown or the sides for a completely different look.

**8** Change the color. Go lighter, darker or play with highlights and lowlights. If you don’t want to permanently change your hue, use temporary rinses or pin some fun multi-hued colors in with random hair strands.

**9** Tuck hair behind the ears. Try it with one or both ears for a sassy new look.

**10** Weave accent braids along the fringe area. Or pop in add-on tiny braids to function as instant headbands or perimeter accent pieces.

**11** Play with Zulu knots. Try just a few or go wild and do your entire head.

**12** Brush all hair to one side. Use a brush to direct hair to one side and then pin or clip in place.

**13** Create a faux mohawk. Even if it is a little one, use gel or the styling product of your choice to create a fun hawk.

**14** Change your styling product selections. Experiment with gels for a wet look, wax for a pieced-out look, mousse for a soft swingy look or hair cream for a carefully finished look.

**15** Add finger waves. Either a few along the side or all over the head.

**16** Pin a silk or real flower over one ear. Or go wild and group a few right in the front of your fringe or along your crown.

**17** Experiment with hair accessories. Try headbands, hair clips, bobby pins or other fun hair accessories.

**18** Wear a sizzling newsboy cap and cock it to one side. Or match it with a under the cap scarf for a radical look.

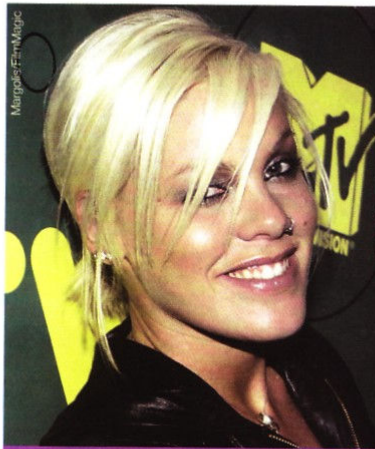
**19** Try a scarf or bandanna. These work best when you have a great shaped head. If you feel comfortable with this style of headwear, give it a whirl.

**20** Crimp your hair. Add just a few crimps or do the entire head.

**21** Play with mini-pompadors or mini-quiffs. Why not experiment with one along the hair-



**LAUREN HOLLY**



**PINK**

line or at the back near the crown.

**22** Twist in a few temporary dreads. Even one can make a statement.

**23** Braid wet strands. Let them air dry and go with lots of natural waves.

**22** Create a mini pony. Or try a few carefully spaced.

**23** Separate hairline strands into tiny sections. Twist gently to form a unique hairband. Hold in place with tiny jaw or claw clips.

**24** Scrunch your strands. Even super short hair can benefit from scrunching.

**25** Consider an asymmetrical hair cut.

**26** Add spikes. Even better, make them soft and messy.

Just because you have a chin-length bob or shorter, it doesn't mean that you can't instantly create a new look. Experiment with some of the ideas above to completely change your short hair in an instant. Remember, have fun and be willing to experiment.