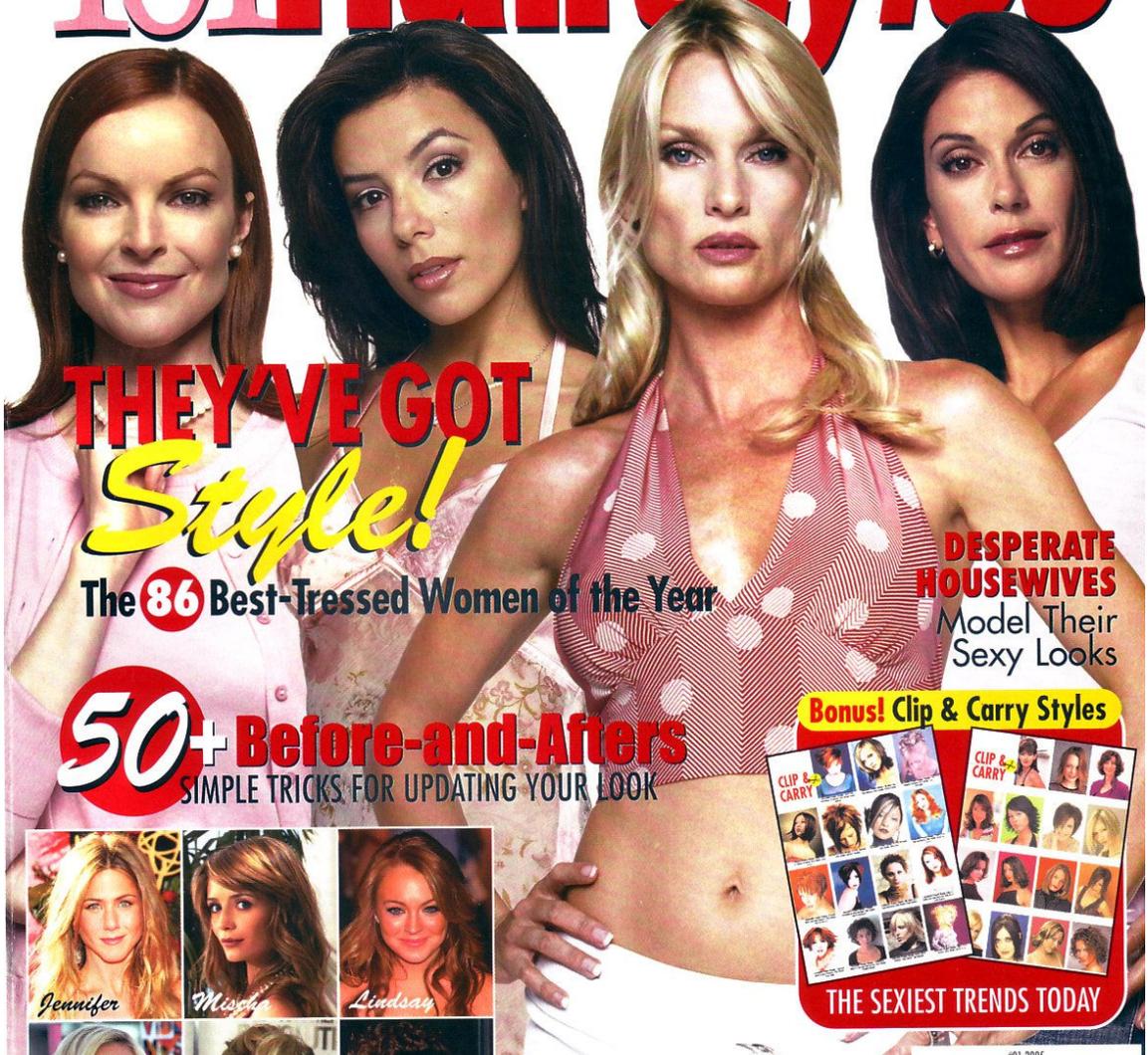




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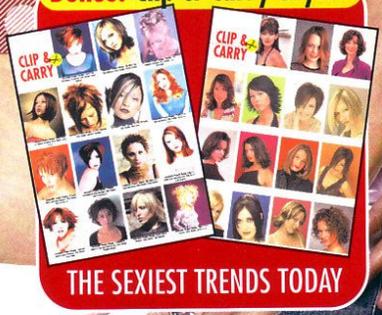
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Lock Stars

By Robert Hallowell, The Kitchen Beautician

Sara Rue, Mary Louis Parker, Lucy Liu, Sharon Stone, Geena Davis and Jennifer Love Hewitt have one thing in common—stylist Robert Hallowell! Known as The Kitchen Beautician for his nourishing homemade hair cocktails, Robert has created numerous masterpieces for Hollywood's elite with his skilled hands and golden scissors. And now...he's providing you, our loyal *101* reader, with all the styling info you'll ever need to snag one of the following celebrity styles for yourself.

Before you begin, Robert suggests that you "start with Shine Booster Shampoo and Conditioner, towel-dry and apply a small amount of Love That Shine Treatment Elixir. I always follow every style, especially 'red carpet' hair, with Love That Shine Spray—it catches the light!" For more information on the Prawdect haircare line, visit www.hairboutique.com or www.thekitchenbeautician.com.



Jennifer Aniston

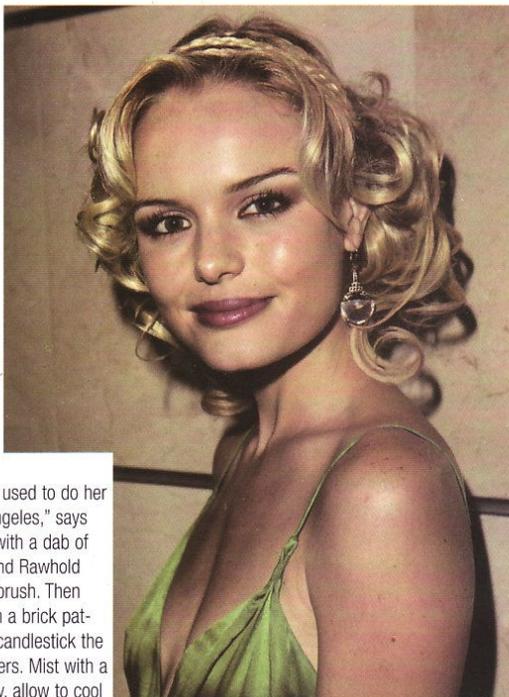
Jennifer Aniston rules the red carpet with almost minimal effort. To get this wavy 'do, rough-dry tresses with Super Volumizing Tonic. Use four large Velcro rollers—one on each side above the ears, one on the top in front of the crown and one directly on the crown—and mist lightly with Rawhold Hairspray. While those are cooling, style the rest of the hair curling large sections loosely with a two-inch curling iron to the mid-shaft, allowing the ends to be free of curl. Lift the hair and mist Rawhold Hairspray into each section, then take out the rollers and lightly brush the hair from the rollers (only!) and release to fall over the previously curled areas. Spray to set and you've got instant glam!

Credits: Davidson, Smith, Cuoco: ABC; Streisand: Imaging/FilmMagic; Hunt, de Matteo: Granitz/WireImage; Electra: FilmMagic; Nixon: Cohen/WireImage; Aniston, Linney, Hargitay, Milos: Kopaloff/FilmMagic; Lopez: Merritt/FilmMagic; Messing, Parker: JPI Studios; Bosworth: Vespa/WireImage; de Rossi: Kirkland/FilmMagic; Clark: Ausseward/WireImage



Melinda Clarke

Have you ever wondered how *D.C.* stunner Melinda Clarke always manages to look flawless in the spotlight? Luckily for you, her beautiful bed of tresses only take minutes to style! This look is a round brush blow-dry. On damp strands, use some Super Volumizing Tonic on the root area, then dry with a large round brush. Follow with Love That Shine Spray and you'll be ready for your own red carpet success!



Kate Bosworth

Regardless of whether she's a beautiful brunette or stimulating blonde, Kate Bosworth always looks stunning. For this sultry style, set dry hair on small Velcro hot rollers, mist each section of hair with Super Volumizing Tonic, allow rollers to cool for 15 minutes, remove rollers and then brush back a few times from the forehead with a Mason Pearson-type boar bristle brush, establishing a center "rugged" part. Think of your head as three sections: the two sides at the ears and the back of the head in the center, occipital bone area. Grab each section between your thumb and forefinger, thinking as if you are going to do three really loose ponytails, and slide the hair through those fingers until the hair almost wants to fall out. Take that loose ponytail, bring it up and secure it on the side above the eyebrow area with a bobby pin. Repeat on the remaining two sections, pull out a few curls around the face and then either use a store-bought mini-braid used as a head-band—or if your hair is long enough, pull out a tiny section of hair just above the ears on each side, braid and pull them across the head, securing with a bobby pin. Follow with Rawhold Hairspray and Love That Shine Spray to finish the style.



Mariska Hargitay

"Mariska Hargitay has great hair. I used to do her hair when she was living in Los Angeles," says Robert. For this look, dry the hair with a dab of Love That Shine Treatment Elixir and Rawhold Gel, using a medium-sized round brush. Then use the largest Velcro hot rollers in a brick pattern from the forehead back, and candlestick the sides back using medium-size rollers. Mist with a good amount of Rawhold Hairspray, allow to cool and remove rollers. Next, rub a little bit of Dream Cream between palms and fingers, and run your fingertips through your tresses only a few times. Repeat this step again but as you are lifting and running your fingertips through the hair, spray Rawhold Hairspray into the hair to get this separated look. Pin up the back and secure with a few bobby pins, pin in your accessory over those pins and follow with a mist of Rawhold Hairspray and Love That Shine Spray.



Laura Linney

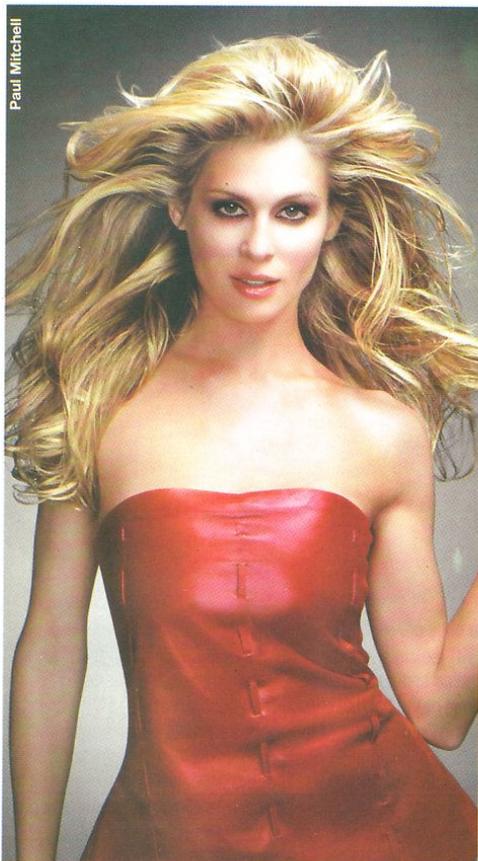
Laura Linney looks absolutely fabulous with this gorgeous blonde hue that compliments her delicate features perfectly. To style: on damp hair use a little Love That Shine Treatment Elixir, then spray Super Volumizing Tonic everywhere. Blow-dry in sections with a medium round brush, then use two curling irons, 1 1/2- and 2-inch barrels, and curl sections here and there to get this look—it doesn't have to be exact! Backcomb the crown slightly for height, then finger through a drop of Love That Shine Drops. Lift sections and spray hair with Rawhold Hairspray followed by Love That Shine Spray.

TRESS RX

By Karen M. Shelton
www.hairboutique.com

Deep Conditioning Dos & Don'ts

Are you supposed to shampoo after you apply a deep conditioner?



Lusting After Spirals

I really want spiral curls for my upcoming formal but my hairdresser told me the only way to achieve spiral curls is to get a spiral perm. I really do not want a perm since I only want the spiral curls for my formal dance. I asked my hairdresser to help me create the spiral curls but she declined saying that my hair would not hold the curls. I have shoulder length hair that is medium in texture. Do you have any suggestions of what might work in this situation?

Spiral curls can indeed be tricky. When hair is too short, too long or too slippery, they just might not hold. If you

The purpose of a deep hair conditioner is to condition and add back oils to the hair that may have been stripped by the cleaning agents in shampoo. If you apply a deep conditioner which deposits moisture and oil but then shampoo, you are defeating the whole purpose of the deep conditioning treatments.

All you need to do is rinse the deep conditioner out of your hair with lukewarm clear water. When you feel that the conditioner is completely out of your hair, finish with a cool to cold water rinse to close the cuticles. Some hair professionals do not agree that using cool to cold water will help but I have found that it is very beneficial.

are only in need of spiral curls for a short period of time you are right to try and create them only for the evening.

One guaranteed way to have spiral curls is to use add-on hair pieces that are already curled in spirals. This is not always the best option though since you would have to weave the add-on curls into a pre-existing updo style.

If you want to take a run at creating your own spiral curls from your own hair, you have plenty of time to practice creating them. Don't wait until the last minute, start now.

I would suggest that you ONLY consider creating spiral curls on "day old" hair or hair that is aged between shampoos. Generally speaking hair that is one or two days old from the last shampoo will hold a set better because it has had time to accumulate some oils.

I would also suggest that you use small- to medium-sized hot rollers rather than a curling iron. Hot rollers can stay in the hair longer and thus give you a chance to have a longer lasting set. Keep in mind that the smaller the hot roller, the tighter the curl. The larger the curler, the softer and bigger the curl.

Conair and Remington both make a variety of hot roller sets that would do the trick for you. While you can try the

various jelly style rollers or spiral rollers, to get really tight curls, I would suggest that you first practice on traditional hot rollers. Once you get the hang of creating spiral curls, you can always experiment with spiral style hot rollers.

When using hot hair rollers, first spray 100% bone dry hair with a good setting spray or hairspray (one to try is Robert Hallowell Rawhold Hairspray; www.hairboutique.com). Separate hair into equal sections and then brush each individual section smooth before you roll it. Spray the newly brushed section with hairspray or a setting product and then twist the section in a counterclockwise motion before you roll the strand on the curler. The result of twisting your hair before you roll it on the roller is that it will give your hair a spiral curled look. After the hot rollers have cooled remove them gently and then pin the newly created hair to your scalp with a bobby pin. After you have removed all the curls and pinned them, spray your entire head with a firm hold hairspray. Let the spray completely dry, and right before you leave the house, remove the bobby pins.

It is important to remember NOT to brush or comb out the spirals curls. Instead, turn your head upside down and run your fingers carefully through your hair to fluff your spirals slightly. For added shine apply a few drops of Love That Shine Drops (www.hairboutique.com) to the palms of your hands and then carefully run through your new curls for fabulous shine and natural protection.

Bridal Hairstyle Help

I am getting married in a few short months and am in a panic about how to wear my hair for my wedding. Can you please give me all the information I might need to deal with my bridal hair?

Planning is the key to a fabulous bridal hairstyle. Take the time as soon as possible to sit down and write up a detailed wedding hair plan. Take this as seriously as your reception seating layouts or your dress fitting schedules.

Pick your wedding day fashion focus and work from that base. If your wedding gown is ornate, select a hairstyle that compliments but does not clash with your gown. If you desire your hair or your nuptial headwear (veils, tiaras, etc.) to take center stage, select appropriate hairstyles that will show off that focus instead.

Other factors to consider when selecting your bridal hairdo should include the design of your dress and whether an updo or downstyle would be better. Consider the length, texture, color and condition of your hair, your face shape and other features including the size of your ears, length of your neck and shape of your chin. Freeze any major hair changes four to six weeks before your big day so that you can avoid a new color, perm or other service going horribly wrong just days before you walk down the aisle

Although it is always great to consider celebrity brides as good examples, remember that unless you have the same type of hair and look exactly like your desired celebrity model, you may not be able to duplicate the same finished bridal hairstyle.

If you know that your husband-to-be adores your hair worn a certain way, try to accommodate his preferences when selecting your wedding day hairdo. After all, one of the goals of a bride is to look beautiful for her new husband.

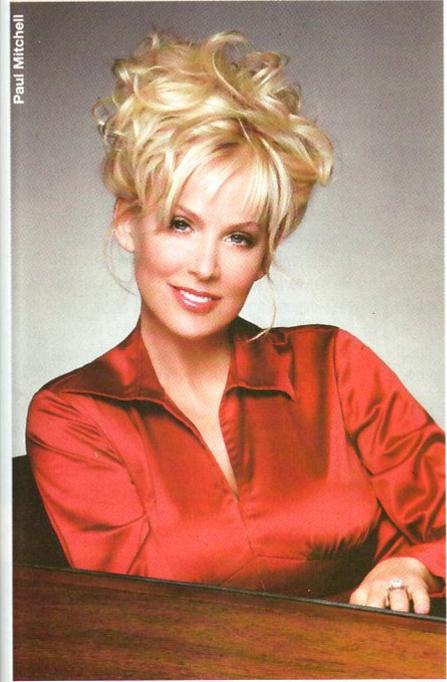
Regardless of the hairstyle you select, whether the style will be crafted by a professional hairdresser or you do the style at home, practice a few target styles several weeks before your wedding. Make your final style selection based on how it looks with your gown, how comfortable it will be to wear and how well it will photograph. Take photographs for reference. Keep in mind that your wedding photos will be with you for the rest of your life. Avoid outrageous or overly done styles that won't age well in your wedding album over time.

In an ideal bridal world you would never have to resort to an emergency hair intervention from a hairdresser that has never worked with your hair before. However, life happens and even the best plans can sometimes go awry. If you find yourself in desperate need of hairstyling help and must turn to an unknown hairstylist, stay focused on your desired style and be sure to take all your planning hairstyle photos. Keep in mind that all professional appointments should be made many months in advance of your big day to prevent any last minute cancellations or no shows.

Once your wedding day arrives and your hair is styled, don't sweat the small strand stuff. Relax and enjoy your big day and don't worry if a few tresses loosen. Not only will renegade curls or waves give you a softer more natural look, it will add to your charm factor.



Remember that the best thing you can do for yourself as a bride is to follow your heart and select a hairstyle that honors who you are and the overall look that you wish to project. Select a professional hairdresser that you like working with and who will respect your wishes. Or make sure that you are comfortable doing your own hair in such a way that you will avoid adding any unnecessary stress on your very special day.



Karen M. Shelton is President/CEO of the popular award-winning www.hairboutique.com

Have a question for the Hair Doctor? Email Karen at shelton@hairboutique.com or Cheryl at cheryl@mmimags.com.

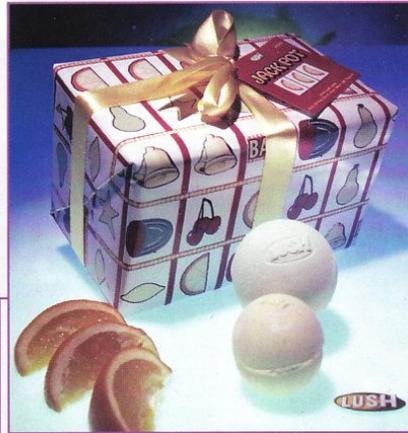
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LAS VEGAS

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Wanna be a star? With Showgirl Kisses (\$15 each), a kissable new lip color that unleashes the glamorous diva in every woman, your dreams of shining under the neon lights are about to come true. Each lip lacquer is a "kiss" of color, housed in a lip-shaped container with a wand applicator and are long-lasting, creamy formulas made to survive even the wildest night. Shades include Lady Luck (red), Topless Revue (a nude, neutral shade), 24 Hour Vegas (coral) and Flamingo (pink); available at www.showgirl-cosmetics.com.



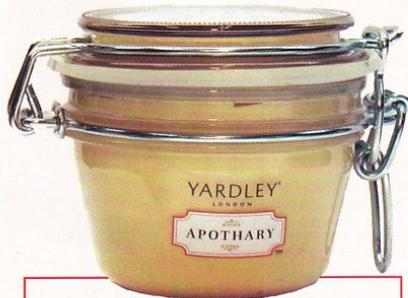
Strike it rich with the Lush fruit machine—Jackpot (\$41.95). Inside you'll discover six fruity bath and body products to feed your skin with fresh, organic produce, full of vitamins in their natural form—the ultimate sweet treat for all of your senses. We have mangos, bananas, avocados and kiwi fruit plus lime and lemon essential oils to restore the vitality to tired skin; available at www.lush.com or call 888-733-LUSH.



Feeling lucky in love? Heading to the Little White Wedding Chapel on the Vegas strip? Enhance the romance with scents of mimosa, jasmine and violet, which you'll find in Lucky Chick's Lucky in Love kit. Light up your nights with your Lucky in Love Candle and pamper yourself with Love Potion Shower Gel, Lucky Wash Pouf, Emotion Lotion Body Lotion, Lucky in Love Body Mist & Magic Moment Massage Oil; call 866-469-4247 or log onto www.hairboutique.com to order.

CHICAGO

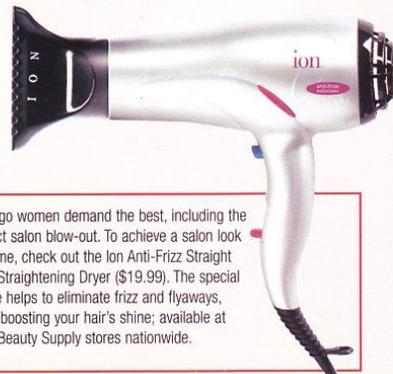
Take a trip to the Windy City, but before you hit Wrigley Field, make a stop and pick up these supplies...



When the wind kicks up in Chicago, the first thing to go is the moisture from your skin. To prevent dry, cracked skin during the hardest months of the year, try Yardley's Apothary Make Me A Smoothie Body Custard (\$8.99). Infused with moisturizing mango and mandarin, this custard-like body cream provides a heavy dose of hydration, leaving skin silky, soft and citrus-scented for hours; available at major mass, drug and food outlets nationwide.



Urban Decay's ode to some of America's favorite cities comes in the form of their hot new Lube-In-A-Tube (\$11 each), a shea butter based lip balm, infused with mango, which leaves your pout feeling smooth and sexy. A trace of vanilla-mint makes this balm yummy and the range of shades are out-of-this world. We especially love Chicago, a soft lavender, for giving our lips just the right amount of color and shine; available at Sephora stores nationwide and online at www.sephora.com and www.urbandecay.com.



Chicago women demand the best, including the perfect salon blow-out. To achieve a salon look at home, check out the Ion Anti-Frizz Straight Ionic Straightening Dryer (\$19.99). The special nozzle helps to eliminate frizz and flyaways, while boosting your hair's shine; available at Sally Beauty Supply stores nationwide.

Heather Locklear's Style Success

By Karen M. Shelton
www.hairboutique.com



**Heather at the
Emmy Awards**

Mondays just got steamier on NBC when the ever gorgeous Heather Locklear stepped into her latest starring role on *LAX*, running Los Angeles International Airport with the equally hot Blair Underwood. The 44-year-old Heather is as stunning as ever as proven by her spectacular style at the recent 2004 Emmy awards. For both *LAX* and the recent Emmy Awards, Heather's blonde bombshell big-hair signature hairstyle has been replaced with a sleeker and more sophisticated look.

While Heather is known for her ability to rescue declining television shows like *Melrose Place* and *Spin City*, she is even better known for her stunning strands. Heather, who has been a fan favorite since her early appearances as the nasty Sammy Jo Dean Reece Carrington Fallmount on *Dynasty* in 1981, spun a golden web of TV, film and celebrity appearances that makes you wonder how the busy star had time to always look so gorgeous.

Over the years Heather has been fluffed and buffed by the very best Hollywood hairdressers including Ken Paves, who currently works with Jessica Simpson, and Robert Hallowell, who works with Mary Louise Parker and Sara Rue.

More About Heather's Hair

When Heather Locklear first appeared in 1981 as the love-to-hate-her Sammy Jo on *Dynasty*, she was noted for her long wingy Farrah-style that gave new meaning to "big hair." And as Heather assumed various roles over the past 25 years, her hair morphed through a series of trendsetting styles ranging from feathered and winged to short and choppy.

Heather copied her original Farrah-flipped look for the 2002 Golden Globes. The media flipped over Heather's luscious locks that were bursting with soft, playful curls. By 2003, Heather was playing with shorter, choppy and layered hairstyles to "do something different and create a new look" according to Robert who worked with the blonde goddess on a TV pilot in 2003.

In March of 2004 Heather guest starred on the hit series, *Two And A Half Men*. Robert is the lead hairdresser for the series and works on the styles for many of the stars including Jon Cryer. He reported that her hair was much fuller than her current very straight and sleek style for *LAX*.

Tressed By The Best

A few years ago, Heather received rave reviews for this sexy curly 'do when she appeared on *The Tonight Show*. Spectacularly coiffed by Ken Paves, his inspiration was that he "wanted something that was cool, not polished."



**Style success on
The Tonight Show**

Credits: Emmys: Vespa/WireImage, LAX: NBC, Golden Globes: Kravitz/FilmMagic, Two And A Half Men: CBS, The Tonight Show: Getty



So how did Ken create the look? First, he started by working a styling mousse into approximately one-inch sections of hair. Using his fingers Ken tousled and shook Heather's hair while he directed a blow dryer at the strands with the dryer at its hottest setting.

The goal, according to Ken, was to give the hair a fuller look. This was important because both Ken and Robert have reported that Heather has "lots of hair but it is fine and soft." Using a blow dryer on a higher heat helps to blow up the cuticles and give the hair instant volume.

Ken then separated Heather's hair into equal sections that were about two-inches in thickness. He sprayed each individual section with a firm hold hairspray. Then Ken carefully twisted and then curled each of the sections using his one-inch curling iron. After he twisted and then curled each section, he bobby pinned the newly formed twist in place to cool and set.

After all of the sections were completely cooled, Ken removed the bobby pins. Using his fingers, Ken shook out each of the twisted sections. After spraying her entire head with hairspray, Heather bent over at the waist and Ken tousled her hair a little bit more by waving a blow dryer over the understands. Heather flipped her hair back and Ken finished by using his fingers to carefully arrange the twists into a soft, feminine wave look that was one part glamour and one part rock 'n roll.

Copy Heather's Curls

For long lasting curls like Heather's, Robert Hallowell recommends using mousse on



slightly damp strands from roots to ends. Attach a diffuser to your blow dryer and gently diffuse until hair is 100% dry. Then use a large barrel curling iron (1 1/2-inch) held close to the head and wind hair down the length of the iron to create saucy spiral curls.

To relax kinky tresses, Robert suggests that you apply a straightening balm like his Hallowell Balm and blow-dry curls out with a large round brush before adding the soft spirals. With the head flipped upside down, finish curls with a cream like Robert's Dream Cream so curls cascade gently. If desired, apply a tiny drop of Robert's Shine Drops and smooth over the finished look for stellar shimmer.

True Beauty

This beautiful blonde bombshell has enjoyed a spectacularly successful acting career that has spanned three decades' worth of TV hairstyles and assorted fashions. Even though Heather has been around for over 30 years, she still seems timeless. Although she was once known for her perfectly feathered tresses, the 80's poster girl is still a quintessential California beauty. Check out her ever changing looks, from *Dynasty*-diva to *LAX* today!

