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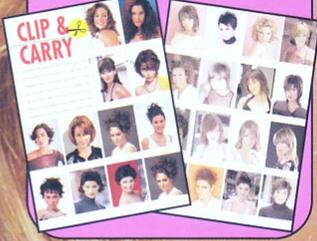
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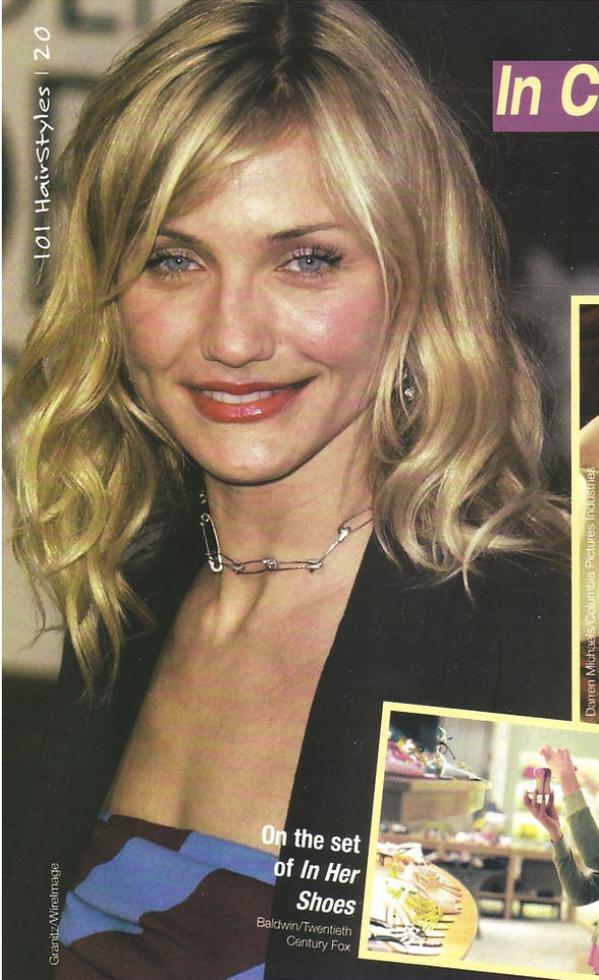
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**Jennifer**  
**Aniston's**  
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On the set of *In Her Shoes*  
Baldwin/Twentieth Century Fox

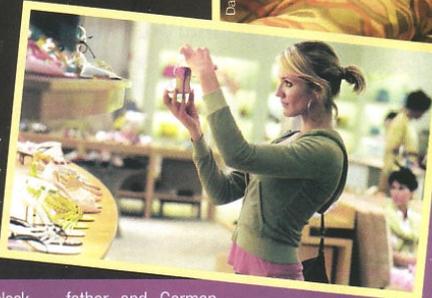
## In Cameron's Shoes

### The 411 on her gorgeous blonde tresses!

By Karen Marie Shelton  
HairBoutique.com



Darren Michael/Columbia Pictures Industries



Cameron Diaz has been around the hair block in her career as a professional Elite model for five years and then as a superstar actress in films such as *The Mask*, *Something About Mary*, *My Best Friend's Wedding*, *Charlie's Angels* and her most recent flick, *In Her Shoes*.

Cameron has baby fine hair that she prefers to wear in a variety of blonde hues. Whenever possible the Virgo actress (August 30, 1972) shuns any type of hair extensions which is unusual in the celebrity world where add-on hair is one of the major accessories. The reason that Cameron is not a fan of extensions is because she was forced to wear them for her role in *The Mask* (1994) with bad side effects. In an interview that Cameron gave in 1997, she confided that the hair extensions she wore "were the worst thing in the entire world" and they actually "made my scalp bleed."

Cameron is blessed with her stunning blue eyes and exotic looks from her Cuban

father and German-English mother. She understands that her eyes are one of her better features and she plays them up so that they literally pop. One of her biggest beauty challenges has always

been her skin. Why? Cameron explains that she has "the most sensitive skin in the entire world." Her skin "takes a lot of effort" and is always "breaking out." Cameron's skin issues go back to her modeling days when she reported that she had something like "20 people touching me all the time—hair, makeup, styling, all this stuff and there was dirt on my face and then they put makeup on top of dirt." Being a popular actress definitely takes its toll on her skin and hair.

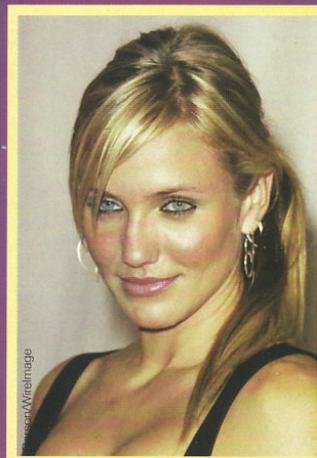
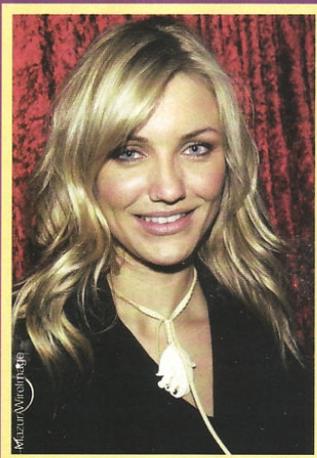
A dear friend of mine, celebrity hairdresser Robert Hollowell, became acquainted with the bubbly blonde actress while he was working on the set of *Charlie's Angels* with Lucy Liu. Robert confided that Cameron is "such a joy to share a hair trailer with because she is so much fun, upbeat and full of positive energy." Robert reported that when Cameron was on the set everything seemed "so much more exciting and lively" and that everyone "loved Cameron."

### Steal Cameron's Style

Cameron generally wears her super soft, baby fine tresses, in a casual straight style that is more often than not, medium in length. If Cameron sports a fringe it is usually side-swept. She appears to prefer no-muss, no-



DailyCeleb



fuss styles except when she is appearing on the red carpet.

Although she was temporarily a brunette for her 1999 role *In Being John Malkovich*, in general her natural blonde tresses rule and are often sprinkled with contrasting blonde highlights.

To style your tresses like Cameron, complete the following steps:

**Step 1:** Towel-blot wet strands. Detangle strands from the ends to the roots.

**Step 2:** Apply a volumizing gel to the roots. To protect against heat and add body, distribute a leave-in conditioner, mousse or gel from the top of the ears to the ends. Distribute well. If your hair tends to frizz or is naturally wavy or curly, you may wish to combine a volumizing product for the roots with a smoothing serum for the rest of the hair.

**Step 3:** Working from side to side use a boar's head or natural round brush combined with your blow dryer to straighten and build in body.

**Step 4:** To build in volume at the roots, use the round brush to lift your tresses up and direct the air flow from the dryer up the hair shaft to the roots. This "ruffles the cuticle" helping to add natural fullness. If you prefer, bend over at the waist and direct the air flow of the dryer up the hair shaft towards the roots. When hair is 90% dry, bend right-side up and work on the hair from the ears down to the ends.

**Step 5:** Use the round brush to straighten the remainder of the hair by rolling individual sec-

tions carefully around the brush and directing the air flow down the hair shaft towards the ends. This helps to straighten and add shine to hair by closing the cuticle.

**Step 6:** While drying the ends, use the round brush to turn the ends under slightly while finishing.

**Step 7:** Seal the style by finishing up with a blast of cool air, if possible, from your blow dryer.

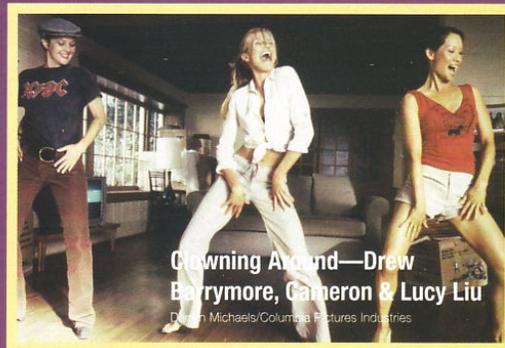


**Lucy, Drew and Cameron smile for the camera**

Darren Michaels/Columbia Pictures Industries

**Step 8:** Carefully comb in your desired part.

**Step 9:** To add soft curls and waves to Cameron's straight hairstyle, separate hair into two- to three-inch sections. Working from side to side near the roots, use a one



**Clowning Around—Drew Barrymore, Cameron & Lucy Liu**

Darren Michaels/Columbia Pictures Industries

and a 1/2-curling iron and create big curls with the iron. Release each curl and then carefully pin into place with a bobby pin. Continue to curl and pin until the entire hair has been finished. Let the curls air dry until 100% cool.

**Step 10:** Spray the pinned curls with a strong hold hairspray or volume spray. Carefully unpin the curls.

**Step 11:** Apply a tiny drop of shine serum into the palms of your hands. Lightly brush the palms over the top of your style and you are ready to rock Cameron Diaz' style.

Cameron Diaz successfully broke out of modeling into the world of acting. She has stolen our hearts in fabulous movie roles and will continue to soar. Although she seems to have dropped off the radar over the past few months, in reality she is working on several new films and projects including *W.A.S.P.S* and *Holiday*. She will again be the voice of Princess Fiona in *Shrek 3*, which is scheduled to be released in 2007.

# Jennifer Aniston

## Tips & Tricks for Award-Winning Tresses

By Karen Marie Shelton  
HairBoutique.com

It would probably surprise many Jennifer Aniston hair watchers to learn that the beloved star of TV's *Friends* didn't like all the attention that was focused on her tresses. The actress whose "Rachel" look triggered a world class hairstyle frenzy wants to be known, admired and loved for her work as an actress—and not for her perfectly coiffed bob, highlights or curls. But she's proven herself in both categories and we love her brilliant performances and persona just as much as we love her spectacular sense of style.

Jennifer has been working with famed hairdresser Christopher McMillan (Christopher McMillan Salon, 8944 Burton Way, Los Angeles, CA), for years. Christopher is responsible for the majority of her stunning tress transformations during her ten year long run on *Friends* and as well as her most recent press junkets promoting her new movies, *Derailed* and *Rumor Has It*.

According to Hollywood insiders, Jen is a very loyal, devoted and loving friend in real life. She and Chris McMillan have not only worked together for years masterminding some of her spectacular hairstyles that have captured the love of the masses, they are also the best of friends.

### Steal Jennifer's Style

Jennifer has coarse, naturally wavy hair that she prefers to wear either straight with a lot of movement or with soft waves and curls. Although she morphs back and forth between different hues, her base is usually a light caramel with lots of baby blonde highlights around her face.

"The Rachel" was the first hairstyle Jen wore that created a frenzy. However, since she first appeared on *Friends* in 1994, the Aquarian (born February 11, 1969) has changed her hairstyles over the years and appears to prefer her hair long and soft with a hint of texture. To style your tresses straight like Jennifer, complete the following steps:

**Step 1:** Shampoo and condition your hair with your normal products designed for your current hair type, texture and condition. If your hair is highlighted like Jen's use either a moisture enhanced or color enriched formula. If your hair is dry from chemical processing, consider diluting the shampoo formula to protect your strands.

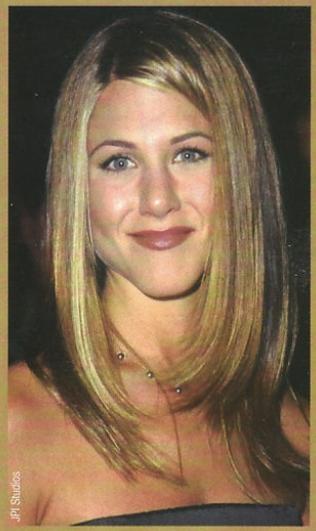
If you have fine or thin hair, use a volume enhancing shampoo. Skip any rinse-out conditioning products that might make hair too soft and flat. If you must use a rinse-out conditioner, make sure that you limit how much you use and that you concentrate on the middle to the ends.

**Step 2:** Towel-blot strands. Detangle strands from the ends to the roots.

**Step 3:** Apply a volumizing gel or similar products to



"The Rachel"



the roots. To protect against heat and add body, distribute a leave-in conditioner, mousse or gel from the top of the ears to the ends. Distribute well. If your hair tends to frizz or is naturally wavy or curly, you may wish to combine a volumizing product for the roots with a smoothing serum for the rest of the hair.

**Step 4:** Working from side to side use a boar's head or natural round brush combined with your blow dryer to straighten and build in body.

**Step 5:** To build in volume at the roots, use the round brush to lift your tresses up and direct the air flow from the dryer up the hair shaft to the roots. This "ruffles the cuticle" helping to add natural fullness. If you prefer, bend over at the waist and direct the air flow of the dryer up the hair shaft towards the roots. When hair is 90% dry, bend right-side up and work on the hair from the ears down to the ends.

**Step 6:** Use the round brush to straighten the remainder of the hair by rolling individual sections carefully around the brush and directing the air flow down the hair shaft towards the ends. This helps to straighten hair, closing the cuticle and adding shine.

**Step 7:** While drying the ends, use the round brush to turn the ends under slightly while finishing.

**Step 8:** Seal the style by finishing up with a



blast of cool air, if possible, from your blow dryer.

**Step 9:** Carefully comb in your desired part.

### Luscious Waves

**Step 10:** To add soft curls and waves to Jen's straight hairstyle, separate hair into two- to three-inch sections. Working from side to side near the roots, use a one and a 1/2-curling iron and create big curls with the iron. Release each curl and then carefully pin into place with a bobby pin. Continue to curl and



pin until the entire hair has been finished. Let the curls air dry until 100% cool

**Step 11:** Spray the pinned curls with a strong hold hairspray or volume spray. Carefully unpin the curls.

**Step 12:** Apply a tiny drop of shine serum, drops or spray into the palms of your hands. Lightly brush the palms over the top of your style and you are ready to rock Jennifer Aniston's style.



# Drea de Matteo's Hair Secrets

By Karen Shelton [www.HairBoutique.com](http://www.HairBoutique.com)



Foley/NBC

Drea de Matteo (Andrea Donna de Matteo) won an Emmy, a Golden Globe nomination and the hearts and loyalty of fans around the world with her portrayal of Mafia babe Adriana le Cerva on HBO's *The Sopranos*.

Although she was originally signed for one episode, the producers were so blown away by her acting, they created an ongoing role for her as the finance of Christopher Moltisanti (played by Michael Imperioli). Ultimately, she got whacked which ended her run with the Mafia gang.

Drea (pronounced "Dray") is a Capricorn born January 19, 1972 in Queens, New York. After her untimely HBO death on *The Sopranos*, the gorgeous honey-blonde reincarnated on NBC as Joey's strong and sexy

hairdresser sister Gina on the *Friends* spin-off, *Joey*. She also got busy working in films which included *Assault on Precinct 13*, a remake of John Carpenter's 1976 thriller, *Prey for Rock n' Roll* with Gina Gershon and directed by Alex Steyermark and a Waylon Jennings tribute which put her behind the director and producer's chairs.

During her downtime, the multi-talented actress always returns to HB Studios where her mother has taught playwriting for over 25 years. She and her partner Robin Whitehouse devote a lot of time to the studio and their company, Great Dane Productions. Drea and Robin focus on finding new writers and projects and working on their own material. In fact, right after *Joey* wrapped production last season, Drea headed back to New York to star in a play her mother scripted titled *The Heart Transplant*.

## Drea's Long & Luscious Look

Drea, who is a classic Italian-American beauty, loves to teeter on the edge between soft sensuality and hard core rock n' roll chic. She adores wearing her tresses very long and coiffed into soft, feminine, waves and curls. The blonde bombshell shows off her lush strands with an always gorgeous array of earrings that complement her stunning fashion selections.

The sizzling hot actress has a prominent chin and wide cheekbones giving her a heart shaped face. She also has notable sexy eyebrows, big eyes and dimples.

Drea generally prefers to wear one side of her strands pulled back behind one ear with the other side nestled into her cheekbones. This serves to balance her facial shape, play up her mesmerizing eyes and lips and provide a stellar image.

Sometimes the actress will pull both sides behind her ears but will dramatically drape the bulk of her hair over one shoulder, worn to the front. She softens the angles of her forehead and chin with an array of soft free-flowing tendrils.

Although Drea's hair color tends to fluctuate, it remains in the blonde zone. Her preferences for hair hues run the gamut from light honey-blonde to dark honey. Usually the strands on the top of her head near the crown and around her face are much lighter and gradually deepen throughout the lengths.



Granitz/WireImage

### Steal Her Style

**Step 1:** Apply desired leave-in conditioner on damp strands to help keep strands soft and detangled. Add a heat protectant spray on top of the detangling/leave in product.

**Step 2:** Starting at the ends, use a wide tooth comb or pick and detangle strands.

**Step 3:** After strands are completely tangle free, apply a large ball of mousse to the palms of your hands. Distribute well and then apply to damp strands. Work the mousse completely through the hair from roots to ends.

**Step 4:** Working in a circular pattern, separate hair into six to eight equally sized sections and clip into place. Using a flat, boar bristle brush, unclip the first section of hair. Using the brush to anchor and smooth, direct the air flow from a blow dryer from the roots down towards the ends of the strands. This will help to keep the cuticle smooth and add natural shine.

**Step 5:** After all of the sections have been carefully dried apply a very light amount of anti-frizz product to the middle to the bottom ends of the strands. Avoid getting any frizz product near the scalp or root area which can cause oiliness.

**Step 6:** Divide hair into small one-inch (or slightly larger) sections. Roll each section of hair in either a spiral or upwards direction onto a medium or large hot roller or Velcro roller. Starting at the very ends of each stand, roll the hair so that the roller only captures the bottom two-thirds of the strand. Leave the hair from the crown to the top one third of the strand unrolled.

**Note:** If your hair is stick straight or resists forming curls or waves, spray with a good holding spray while curlers are in the hair. Direct the air flow of your blow dryer over each curler.

**Step 7:** Let the rollers completely cool. Let the curlers remain in the hair for up to 30 minutes. Remember that the longer you leave in the rollers, the tighter the curl. If you want to guarantee longer lasting curls, unroll each curler and then pin the newly formed curl against your scalp. Spritz again lightly with hairspray or setting spray.

**Step 8:** Lightly tousle and arrange curls with fingers. Do not use a comb or brush which can flatten newly formed ringlets.

**Step 9:** Use your fingers to carefully separate out a section of hair from either side. Twist lightly and pin up against the side of the head with a small hair clip, jeweled bobby pin or barrette. Optionally you could use a jeweled hair comb to hold the strand in place and provide an elegant look.

**Step 10:** Direct the bulk of the curls up and over the shoulder. Arrange with your fingers and spray one last time with hairspray.

Besides having a sizzling acting career, Drea has other ambitions. "My friends used to say better to be type-cast than not cast at all. But all I get now are scripts for girls with big hair and New York accents," she says. "I'm not looking for that anymore. Now I'm looking for a chance to direct." No doubt, this multi-talented woman will rock in the director's chair, or anywhere else she decides to be.



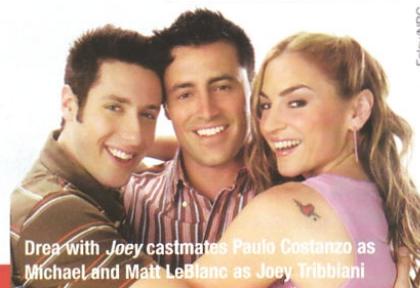
Foley/NEC



Merri/FilmMagic



Foley/NEC



Foley/NEC

Drea with *Joey* castmates Paulo Costanzo as Michael and Matt LeBlanc as Joey Tribbiani

## TRESS RX

## Ask the Hair Doctor

By Karen M. Shelton  
www.hairboutique.com

## Bangs With Chignon

*I am 43-years-old and my son is getting married. I have medium to long blonde hair. I want to wear a French hairstyle called a chignon. The problem is, I have bangs and I don't know if I can wear this hairstyle with bangs. I am thinking about getting them cut very short but I'm not sure if that is a good idea because of my long hair. Would that look strange?—Cathy*

Congratulations on your son's wedding! To answer your question, it is very common and very acceptable to wear chignons with bangs. I would not recommend that you cut your bangs very short since it might take away from the beauty and elegance of the chignon. Also, if you hate the look of very short bangs, you would not have time to grow the bangs back out or pin them off your forehead before the wedding.

If the bangs truly bother you, why not brush them all to one side and clip them with a jeweled clip or jeweled bobby pins? Another option would be to lightly tease or back-comb the bangs and wear them up and back from your forehead held in place by a jeweled headband.

Many celebrities wear bangs with their chignons. In fact, Marley Shelton went so far at one point as having clip-on bangs added to "dress up" her hair for a red carpet look. A more dramatic option would be to have "add-on" hair temporarily merged into your existing bangs and then use the longer extensions to sweep all of the hair completely to one side, anchored with jeweled hair accessories.

If you wish to bridge the gap between the front bangs and the



Kenneth's Hair Salons & Day Spas (Columbus, OH);  
Stylist: Josh Winkel; Photo: Global Hair & Fashion Group



Douglas Carroll Salon (Fayetteville, NC); Stylist: Douglas Carroll; Photo: Global Hair & Fashion Group

back chignon, you can pull a few strands loose around your ears and hairline to create slight wisps of very loose curls.

## Adding Color Without Roots

*I have naturally dark chocolate-brown hair that is very long and has chunky layers. I am craving a change but don't want to mess up my natural hair color, which I mostly enjoy. I want to do something like highlights in a trendy color, but I'm not sure what to do. I also do not want a major root line.—Becca*

Depending on the overall shape of your current hairstyle and the coloring of your skin and eyes, you might try what is known as "placement color," which is carefully layered throughout the internal layers of your hair. Placement color is often applied in blocks or splashes so that as your hair moves "flashes of color" are displayed in a subtle way. With chocolate-brown hair you might consider the trendy new red hues that are taking the hair world by storm this season.

A vibrant, rich red in shades of Merlot, Ruby or Chardonnay will work well with chocolate-brown while still allowing the placement colors to stand out without being too bold. When this type of add-on color is utilized, the roots are not impacted, thus there will never be a growth line.

Proceed carefully and schedule a consultation with your colorist to discuss all your options and possible considerations before you take the color plunge.

*I just dyed my hair a wonderful shade of cherry red. Any tips on keeping it looking fresh?—Debbie*

Red hair color fades faster than any other hue. To keep it looking luscious use a color-enhancing shampoo and matching conditioner or shampoo products like Phytocitrus that will not strip color from your strands. Select a product that enriches your color and deposits a slight pigment to add subtle lights and rich depth to your tresses.

Colored hair fades faster when washed frequently or when hot water is used. Shampoo less often and always select lukewarm water. Avoid piling your hair on top of your head since this encourages lifting of the cuticle, allowing that precious color to escape even faster. Always finish with a cool/cold water rinse which helps lock in color and add shine.

Minimize use of hot styling tools such as blow dryers, metal brushes that retain heat and hot irons or curlers which encourage faster fading of the color. When possible, let hair air dry. Select styling products that are color coded for red hair or use light products that will not build up, blocking natural shimmer.

### Should I Cut Or Color First?

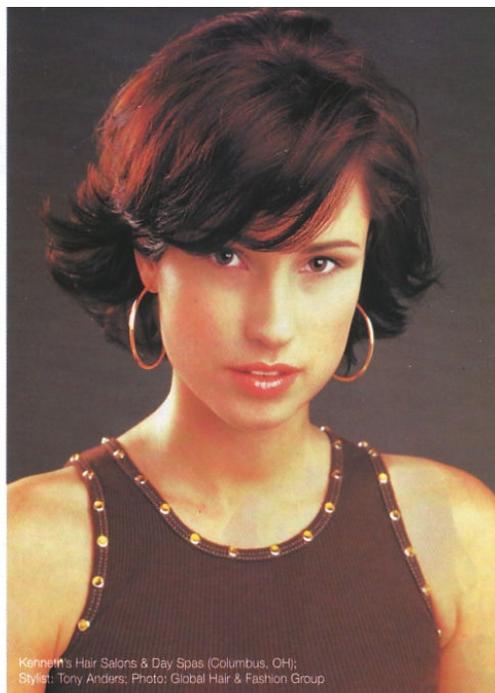
*I'm thinking of completely revamping my look. I want to make changes to both my length and color. I am thinking of going shorter with a new color. My question is what should I do first, cut or color?—Terri*

Since you wish to go with a completely different hair length and style, I would recommend that you get your tresses cut and styled first. Because you are embarking on a whole new look, I would recommend that you book a paid consultation with your professional stylist first before making any final decisions. Discuss all your styling options based upon your lifestyle, ability to maintain a new style and your potential color choices.

You may wish to take several sample images to the consultation to show your stylist the various styles that you like. During that meeting discuss the color options for your new look. Consider everything that your hairdresser suggests and then wait a few days before you book the actual appointment to have the cut and style done. This will give you some time to think about your options and make sure that you are ready to move forward.

After you have adjusted to the new length and style, if you are happy with the results, go back for your color changes. Many colorists can really punch up a new length or style with carefully planned highlights and lowlights which serve to add depth, movement and bring attention to your best facial features.

Remember to watch the stylist closely while they are cutting and styling your hair so that you can recreate the same look when you get home. Be sure to ask for product recommendations that will also help you achieve a successful recreation.



Kenneth's Hair Salons & Day Spas (Columbus, OH);  
Stylist: Tony Anders; Photo: Global Hair & Fashion Group

### Pre-Wedding Hair Color Change

*I'm getting married in four months and I'm thinking of changing my hair color from blonde to a rich red. When would you advise me to do this so that my hair looks perfect for the wedding?—Cheryl*

The earlier you start this process, the better. Keep in mind that changing your hair color can alter your entire appearance. This means that you may need to rethink your makeup and even your choice of wedding hair accessories. Book an appointment immediately with the best colorist you can find for a paid consultation. If possible, take full length color photos of your wedding gown and what you plan to wear in your hair so that the colorist can access the best tones to play up your natural skin and eyes while enhancing your wedding hues.

Once you have decided on your new hair color, have it processed immediately to give you plenty of time to adjust to the new look before your big day. If you're not happy with it or want to add additional highlights or lowlights, you'll have plenty of time to make changes. Color should be refreshed approximately seven to 10 days before your wedding date. Also keep in mind that red colors fade the fastest so switch to hair care products designed to prolong and protect chemically colored strands.

Karen M. Shelton is President/CEO of the popular award-winning [www.hairboutique.com](http://www.hairboutique.com)

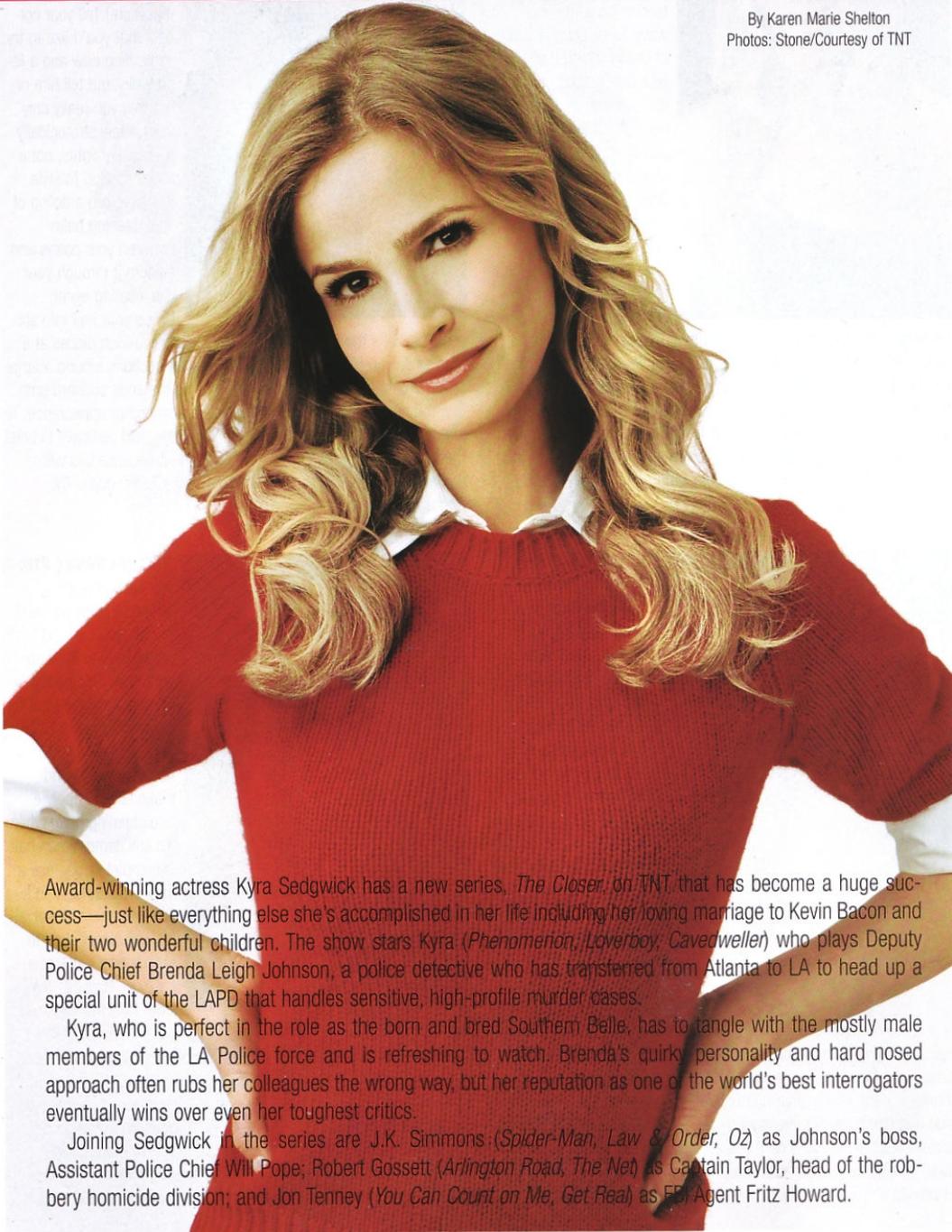
Have a question for the hair doctor? Email Karen at [shelton@hairboutique.com](mailto:shelton@hairboutique.com) or Cheryl at [cheryl@mmimags.com](mailto:cheryl@mmimags.com).

Or send your question to:  
Hair Doctor, 101 HairStyles, 1359 Broadway, Suite 1203,  
NY, NY 10018

# Kyra Sedgwick

Hair Secrets From *The Closer*

By Karen Marie Shelton  
Photos: Stone/Courtesy of TNT



Award-winning actress Kyra Sedgwick has a new series, *The Closer*, on TNT that has become a huge success—just like everything else she's accomplished in her life including her loving marriage to Kevin Bacon and their two wonderful children. The show stars Kyra (*Phenomenion*, *Loverboy*, *Cavedweller*) who plays Deputy Police Chief Brenda Leigh Johnson, a police detective who has transferred from Atlanta to LA to head up a special unit of the LAPD that handles sensitive, high-profile murder cases.

Kyra, who is perfect in the role as the born and bred Southern Belle, has to tangle with the mostly male members of the LA Police force and is refreshing to watch. Brenda's quirky personality and hard nosed approach often rubs her colleagues the wrong way, but her reputation as one of the world's best interrogators eventually wins over even her toughest critics.

Joining Sedgwick in the series are J.K. Simmons (*Spider-Man*, *Law & Order*, *Oz*) as Johnson's boss, Assistant Police Chief Will Pope; Robert Gossett (*Arlington Road*, *The Net*) as Captain Taylor, head of the robbery homicide division; and Jon Tenney (*You Can Count on Me*, *Get Real*) as FBI Agent Fritz Howard.

## Hair Secrets

In my humble opinion, *The Closer's* set hairdressers do a spectacular job of creating a variety of hair styles that perfectly mirror the personality of the character. In fact, because Kyra as Chief Johnson comes across as totally dedicated to her work, her character seems completely fashion and hair challenged.

Although in real life Kyra is known and admired for her luscious long blonde locks, in *The Closer* she is portrayed as having hairstyles that are an afterthought. Even better, the hairstyles that Chief Johnson does sport for various episodes do not distract from her amazing acting.

## Steal Kyra's Look

Although Kyra, as Chief Johnson, often wraps her hair up into a messy twist held in place by jaws, claws or fat barrettes (I love her liberal use of hair accessories), she sometimes appears with long luscious ringlets. To get her sultry straight strands, follow the directions below:

**Step 1:** After washing and conditioning your hair, towel blot to remove excess moisture. Do not rub or ruffle delicate hair which is more prone to breakage when wet.

**Step 2:** Starting at the ends, use a smooth high quality comb like a Kent or a wide pick. Apply desired leave-in conditioner to help keep strands soft and detangled. Add a heat protectant spray on top of the detangling/leave-in product.

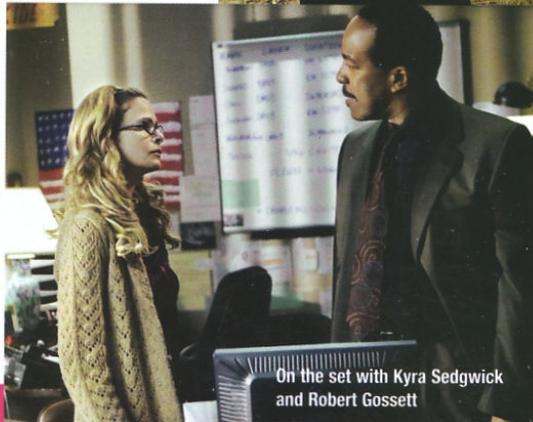
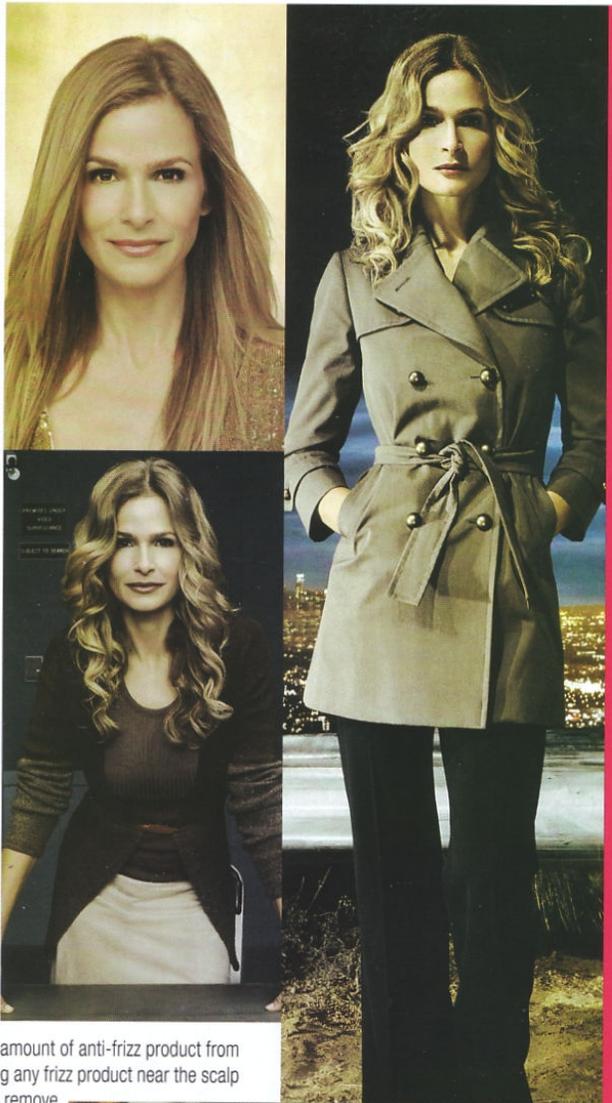
**Step 3:** Working in a circular pattern, separate hair into six to eight equally-sized sections and clip in place. Using a flat, boar bristle brush (we like Mason Pearson) unclip the first section of hair and, using the brush to anchor and smooth, direct the air flow from your blow dryer starting at the roots down towards the ends of the strands. This will help to keep the cuticle smooth and help to add natural shine.

**Step 4:** After all of the sections have been carefully dried and more straightness is desired, apply a very light amount of anti-frizz product from mid-length to the bottom ends of the strands. Avoid getting any frizz product near the scalp or root area which can cause oiliness. Use a flat iron to remove any kinks and add a stick straight finish.

## Optional Ringlets

**Step 4:** If you wish to copy Kyra's long sultry ringlets, use a hot curling iron or hot rollers instead of a flat iron. Separate hair into one to two inch strands and roll in a ringlet pattern. Hold the curling iron in place for 30 seconds. Release the newly formed curl and immediately pin against the scalp to cool. Spray the pinned curl with a hairspray.

**Step 5:** Repeat this procedure around the entire head. When the curls have completely cooled, spray again one last time with hairspray. Carefully remove the bobby pins and use fingers to lightly tousle.



On the set with Kyra Sedgwick and Robert Gossett